

# South Hennepin Mental/Chemical Health Resource Guide

Compiled by Hennepin South Services Collaborative's  
Health Mental Health Coordination Team

November 2007

The Hennepin South Services Collaborative (HSSC) is a human services organization serving South Hennepin County. The agency has two divisions: 1) A research, planning and coordination (RPC) arm and 2) a family services collaborative. It is a joint powers agreement among the cities and schools of Bloomington, Richfield, and Eden Prairie; Hennepin County; Bloomington Public Health; and Community Action Partnership of Suburban Hennepin (CAPSH). The Board is composed of the city managers and school superintendents of the three communities of South Hennepin, Executive Director of Community Action Partnership of Suburban Hennepin (CAPSH), Bloomington Public Health, and a representative from Hennepin County.

HSSC's mission is to provide research and planning to identify emerging needs and gaps in human services for residents of South Hennepin County and to coordinate existing services and develop potential resources to facilitate solutions.

HSSC utilizes Coordination Teams to address priorities identified by HSSC's biannual strategic planning process or those pressing issues that might arise for South Hennepin. Coordination Teams are comprised of diverse community members and service providers who participate in creative action planning to address needs and gaps in human services. The Health/Mental Health Coordination Team has formed to facilitate collaborative solutions that support individuals and families access to services within their community.

This guide was developed for human service professionals serving the South Hennepin area to assist them in making efficient and effective referrals to mental/chemical health related services. It is meant to contain services accessible to low income individuals and families, immigrants and refugees, and/or seniors.

Neither HSSC nor the Health/Mental Health Coordination Team endorses any of the services contained in this information booklet. Although the team made many efforts to ensure the accuracy of this information, we are aware that omissions or errors may occur. If you know of additional resources or corrections for future publications please contact:

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# HEALTH & WELLNESS

## Points of Referral

### Eden Prairie FamiLink Resource Center

The Eden Prairie FamiLink Resource Center is a partnership between Eden Prairie Schools and the City of Eden Prairie. The resource center staff provides information and referrals to community resources related to housing, financial assistance, education, employment, family or health care supports, legal services, childcare and more. The staff will investigate resources, do the legwork necessary to discover the best resources for a family or individual's situation, and follow-up to ensure that callers have been connected to resources that meet their needs. This service is free and confidential.

**Cost /Payment Options:** free

**Location:** The City of Eden Prairie's Office of Housing and Human Services which is on the lower level of Eden Prairie Shopping Center.

**Phone Number:** 952-294-5950

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### Family Multicultural Resource Center

In the future collaborative agencies may provide information and services related to health, English as a second language, legal, and the Richfield schools for families from diverse populations who live in the south Hennepin area including Bloomington, Eden Prairie, Edina, Richfield and south Minneapolis.

**Cost/Payment Options:** Free

**Location:** Central Building – South entrance  
7145 Harriet Ave. S. #100 Richfield

**Phone Number:** 612-798-6141; Call for details

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## Human Services Help Line

Human Services Help Line, a service of the City of Bloomington's Human Services Division, provides information and referral to human services, city services, and community resources including housing, volunteer opportunities and many others. Help Line staff helps clarify a person's request, discusses possible resources and helps the person get connected to appropriate resources. The Help Line serves individuals who live, work, play or go to school in Bloomington as well as businesses and organizations looking to make a difference in the quality of life in Bloomington.

**Cost /Payment Options:** Free

**Location:** 9801 Penn Avenue South, Bloomington

**Phone Number:** 952-563-4957 V/TTY

**Hours:** 8am - 4:30pm, Monday - Friday

**Website:** [www.ci.bloomington.mn.us](http://www.ci.bloomington.mn.us)

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## La Mision

La Mision provides information and referral to community resources for Spanish-speaking Hispanic and Latino community members living in Richfield, Bloomington, and Edina area. Other services, provided by collaborating organizations, include classes in English as a Second Language, CPR and babysitting; intake for legal services with Legal Aid and referrals to other legal services; and assistance in applying for financial and medical assistance.

**Cost/Payment Options:** Free

**Location:** The Church of Assumption, 305 E. 77<sup>th</sup> St. Richfield

**Phone Number:** 612-869-1824

**Hours:** Call for details

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## MIRA

Mira provides information and referral to community resources for Spanish speaking Hispanic and Latino community members living Bloomington, Richfield, Edina, Eden Prairie, and south Minneapolis. It's the host agency at the Family Multicultural Resource Center in Richfield.

**Cost/Payment Options:** Free

**Location:** Central Building – South entrance  
7145 Harriet Ave. S. #100 Richfield

**Phone Number:** 612-798-6141; Call for details

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## United Way 2-1-1

Call United Way 2-1-1 and get connected with trained information specialists and volunteers. A confidential resource and referral call center that provides connection to resources including, childcare counseling, crisis response: volunteering / donating, food, health, housing, legal help, mental health, transportation, youth services and senior services.

**Languages:** Multi-lingual lines available including Russian services

**Cost/Payment Options:** Free

**Phone Number:** 211; Cell phone users can call 651-291-0211

**Hours:** 24 hours a day, 7 days per week

**Website:** [www.unitedwaytwincities.org/communityinfo/211](http://www.unitedwaytwincities.org/communityinfo/211)

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## Wellness Centers

**Program:** Bloomington Natural Care Center  
(Northwestern Health Sciences University)

**Services:** Chiropractic, acupuncture, Oriental medicine, massage therapy

**Eligibility/Population Served:** Open to all ages

**Cost/Payment Options:** Participates in several insurance plans for chiropractic services. Medical Assistance covers services only for spinal manipulation and x-rays. Non-covered services require payment at the time of service.

**Location:** 2501 W. 84<sup>th</sup> St., Bloomington

**Phone Number:** 952-885-5444

**Hours:** 7am-7pm, Monday-Friday

**Website:** [www.nwhealth.edu/natcare/bloom](http://www.nwhealth.edu/natcare/bloom)

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## **Program:** Community Wellness & Healing Center

**Services:** Acupressure, Healing Touch, Health Care Advisor, Life Coach, Massage Therapy, Pastoral Counseling, Reiki, Spiritual Direction, Yoga, Pilates, Support Groups.

**Cost/Payment Options:** Fee for individual services is determined by each practitioner. Sliding fee scale is available. Minimum fee-\$20.00

**Location:** 1603 W. Old Shakopee Rd., Bloomington

**Phone Number:** 952-346-0065

**Website:** [www.wellnesshealing.org](http://www.wellnesshealing.org)

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## **Community Programs**

The following are organizations that offer classes, events and support services that support health and wellness.

### **Community Education**

**Program:** Bloomington & Richfield Community Education

**Services:** Refer to Community Education Catalog for Classes

**Eligibility/Population Served:** Classes are offered for adults, persons 16 or older, unless otherwise indicated.

**Cost/Payment Options:**

Low income Bloomington/Richfield residents may be eligible for fee assistance. Call 952-681-6132 for more information.

**Location:** 2575 West 88th Street, Bloomington

**Phone Number:** 952-681-6100

**Hours:** 7am- 4 pm, Monday-Friday

**Website:**[www.bloomington.k12.mn.us/community\\_ed](http://www.bloomington.k12.mn.us/community_ed)

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**Program:** Eden Prairie Community Education

**Services:** Eden Prairie Community Education connects, empowers and enriches peoples' lives through life long learning and service to our diverse and evolving community. Reacquaint yourself with the satisfaction of learning something new during the day or evening, in convenient locations, and with quality instruction. Learning opportunities are available for preschoolers through adults. Current program offerings can be viewed at [www.epcommunityed.org](http://www.epcommunityed.org) or call 952-975-6940 for a current community ed. catalog.

**Eligibility/Population Served:** Residents and non-residents of Eden Prairie including youth, adults and older adults

**Cost/Payment Options:** Cost varies per program. Fee assistance of up to \$50 may be available for low income residents.

**Location:** Offices are at 8040 Mitchell Road, Eden Prairie. Programs are held at different locations within the community.

**Phone Number:** 952-975-6940

**Hours:** 8am-4:30pm, Monday – Friday. (Summer: 7:30am-4pm)

**Website:** [www.epcommunityed.org](http://www.epcommunityed.org)

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## **Program: Southdale YMCA**

**Services:** The Southdale YMCA serves the communities of Edina, Richfield, Bloomington, Eden Prairie, and south Minneapolis, offering a wide-range of character-development activities and programs for all ages.

Programs include:

- Access to swimming lessons for members
- Free child care
- Fitness center
- An Aquatic Center with a six-lane, 75-foot pool, a warming pool, and a whirlpool
- A full-size gymnasium and a Kids Gym
- A Climbing Wall
- Tri-City Skate Park

**Location:** 7355 York Avenue South, Edina, MN 55435

**Phone Number:** 952-835-2567

**Hours:** 5am-10pm, Monday-Friday; 6:30am-8pm, Saturday; 6:30am-8pm, Sunday

**Website:** <http://www.ymcatwincities.org/locations/southdale.asp>

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## **Community Support**

### **Program: Charaka Community Support Program**

**Services:** Mental Health, Recovery Education, MICD, Social Recreation, Young Adults Housing and Employment Program, Housing, Case Management, Adult Rehabilitative Mental Health Services (ARMHS), and outreach.

**Eligibility/Population Served:** Adults with Serious and Persistent Mental Illness.

**Languages:** Interpreter services available through Hennepin County

**Cost/Payment Options:** Most services are free, ARMHS, and case management are billable through Medical Assistance (MA).

**Location:** 7830 5<sup>th</sup> Avenue South, Bloomington MN 55420

**Transportation:** On bus line

**Phone Number:** (612)752-8350

**Hours:** Monday-Friday and two Saturdays a month.

**Website:** [www.resource-mn.org/spectrum](http://www.resource-mn.org/spectrum)

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## **Program:** Vail Place- Hopkins

**Services:** Social/Recreational program, Vocational Assistance, Support/Educational groups

**Eligibility/Population Served:** Adults with SPMI (severe and persistent mental illness)

**Cost/Payment Options:** free

**Location:** 15 9<sup>th</sup> Avenue South, Hopkins

**Transportation:** On a bus line

**Phone Number:** (952) 938-9622

**Hours:** 9am-4:30pm, Monday-Thursday; 10-4:30, Friday; 12noon-3pm, every other Saturday

**Website:** [www.vailplace.org](http://www.vailplace.org)

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## **Family Centers**

### **Program:** Bloomington/Richfield Early Childhood Family Center

**Services:** Parenting information, education, and support. Many classes include discussion time for parents while children are involved in play activities. Other programs include parent-child participation

**Eligibility/Population Served:** Families in Bloomington and Richfield with preschool children.

**Cost/Payment Options:** Varies, sliding fee scale available

**Locations:**

Pond Center  
9600 3<sup>rd</sup> Ave.  
Bloomington

Elliot Education  
Center  
7001 Elliot Ave. So.  
Richfield

Southwood  
4901 West 112<sup>th</sup> St.  
Bloomington

**Phone Number:**

- Parent Support Phone Line: 952-681-6200
- Get Ready preschool program: 952-681-6223
- Helpline (English & Spanish) 952-681-6217

**Hours:** 8am – 3:30pm, Monday-Friday

**Website:** [www.bloomington.k12.mn.us/community\\_ed/early\\_childhood](http://www.bloomington.k12.mn.us/community_ed/early_childhood)

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**Program:** Eden Prairie Family Center

**Services:** The mission of Early Childhood Family Education is to strengthen families through the education and support of all parents in providing the best possible environment for the healthy growth and development of their children.

Programs include:

~Early Childhood Family  
Education  
~Birth-2 Curriculum and  
Home Support Guide  
~Birth-5 Parent Ed  
~K-12 Parent Education  
~Early Childhood  
Screening

~School Readiness  
~Home Visits  
~Come and Play  
~Early Childhood Special  
Education  
~Sibling Care  
~Preschool Curriculum  
and Home Support Guide

**Eligibility/Population Served:** Eden Prairie Families

**Languages:** English and Somali speaking liaison

**Cost/Payment Options:** Fees vary by program; scholarship assistance may be available

**Location:** 8040 Mitchell Road, Eden Prairie

**Transportation:** Transportation available to children participating in school readiness program

**Phone Number:** 952-975-6980

**Hours:** 8a.m. - 3:30pm, Monday-Friday

**Website:** [www.edenpr.org/famctr](http://www.edenpr.org/famctr)

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## **Parks & Recreation**

**Program:** City of Bloomington Parks and Recreation

**Services:** A wide range of services including organized athletic activities. Operates facilities including indoor ice rinks, golf courses, and cultural arts center.

**Eligibility/Population Served:** Residents and non-residents of Bloomington

**Cost/Payment Options:** Fees vary. Call for current information. Sliding fee scale available for individuals meeting income guidelines, call for reduced fee application.

**Location:** Bloomington locations. Call for information.

**Phone Number:** 952-563-8877

**Hours:** Varies. Call for information

**Website:** [www.ci.bloomington.mn.us](http://www.ci.bloomington.mn.us)

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**Program:** City of Eden Prairie Parks and Recreation/Eden Prairie Community Center

**Services:** Provides a wide range of services and programs for all ages including: adult athletics, aquatic programs, arts, music and theatre, fitness, ice skating, outdoor center, and therapeutic recreation

**Eligibility/Population Served:** Residents and non-residents of Eden Prairie including youth, adults and older adults

**Cost/Payment Options:** Fees vary, call or visit the website for current information. Fee assistance is available to Eden Prairie residents who would like to participate in a program and cannot afford the normal registration fees. Assistance is limited to \$150 per person, per year. Financial assistance application forms are available at the Community Center or Senior Center.

**Location:** Community Center: 16700 Valley View Road, Eden Prairie, MN  
Parks and Recreation Office: 8080 Mitchell Road, Eden Prairie, MN

**Phone Number:** 952-949-8470 (Community Center)  
952-949 -8442 (Parks and Recreation Dept.)

**Hours:** City Center Office Hours: Monday – Friday 8am- 4:30pm,  
Monday – Friday. Community Center Hours: 5:30am- 9pm, Monday –  
Friday; 7am - 8 pm Saturday /Sunday

**Website:** [www.edenprairie.org](http://www.edenprairie.org)

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## **Program:** Richfield Recreation Department

**Services:** Provides a wide range of activities for all ages. Activities and programs range from swimming, dancing, arts and crafts, music and theatre. Activities and programs are held at schools and parks throughout Richfield including the Richfield Community Center.

**Eligibility/Population Served:** Residents and non-residents of Richfield including children, youth, adults and seniors.

**Cost/Payment Options:** Fees vary for individual activities and programs. Financial Assistance is available to residents of Richfield only.

**Location:** 7000 Nicollet Avenue South, Richfield MN 55423

**Phone Number:** (612)861-9360

**Hours:** 8am-5:30pm, Monday-Thursday; 8am-4:30pm, Friday

**Website:** [www.richfieldrecreation.com](http://www.richfieldrecreation.com)

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## **Public Health/VNA**

### **Program: Bloomington Public Health**

**Services:** Clinic services including: Women, Infant, Children's Nutrition program (WIC), flu shots, immunizations, tuberculosis (TB) screening, senior blood pressure checks and health topics, women's health screening for breast and cervical cancer, quarterly cardiovascular risk clinic.

- **Public health nurse (PHN)** home visiting to families for pregnancy, parenting, education, support. PHN home visits to the disabled and elderly for assessment, education, advocacy and referral.
- **Early intervention services (SHIELD)** for children 0-5 to assess behavioral, growth and developmental concerns. Assist with educational, health and social services.
- **Resource referrals** for individuals and families who are experiencing stressful living conditions, interpersonal violence, and/or unclean/unsafe living conditions.

**Eligibility/Population Services:** Residents of Bloomington, Edina, and Richfield. PHN home visits to Eden Prairie families.

**Languages:** Interpreters are available upon request.

**Cost/Payment Options:** Clinic fees are based on income and family size. Home visits are offered without charge and are supported by state and federal grants. Some health services are covered by private health insurance or Medicaid.

**Location:** 1900 West Old Shakopee Road, Bloomington

**Transportation:** On bus line.

**Phone Number:** 952-563-8900 V/TTY

**Hours:** 8am- 4:30pm, Monday – Friday. Service times may vary. Nurse information line 9:30am-4pm, Monday-Friday.

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### **Program: Minnesota Visiting Nurses Agency**

**Services:** Home Health and Public Health Care services including:  
**Home Health Care Services** - Home Health Aide/Homemaker, Skilled Nursing/Case Management, Personal Care Attendant Assessment, Wound Care, Medical Social Services, Physical, Occupational and Speech Therapy and more...

**Family Health Care Services** – Short term and long term perinatal and parenting services, Family Health Aid, Therapeutic Mothers and Children (NICU Follow Up, Lead Poisoning follow up, pediatric asthma etc.), Childcare Consultation, and Specialized Contracted Programs including car seat safety, SIDS grief support and in-home child and teen check ups  
**Corporate Wellness Program** – immunizations, wellness screenings, employee training courses, extended family support services for employees

**Eligibility/Population Served:** Anyone residing in Hennepin, Ramsey, Near Anoka and Dakota Counties

**\*Some programs require referral from a physician. Call intake line for additional referral information.**

**Languages:** Interpreters available

**Cost/Payment Options:** Medicare, medical assistance, sliding fee scale, private pay, veterans assistance, private insurance, MHP, Medica, UCare

**Location:** 3433 Broadway Street NE, Suite 300, Minneapolis

**Phone Number:** 612-617-4700

**Website:** [www.mvna.org](http://www.mvna.org)

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## **Senior Centers**

### **Program:** Bloomington Senior Program

**Services:** The Bloomington Senior Program, provides leisure activities and services including transportation, Public Health clinic, nutrition, and a variety of classes for individuals 55 years and older, and for younger individuals with disabilities. The Senior Splash is a quarterly catalog of programs, services and activities for older adults sponsored by the City of Bloomington's Human Services Division. For a free copy, stop by Creekside Community Center at 9801 Penn Ave. S. or, to have your name added to the mailing list, call the Human Services Information Desk at 952-563-4873 or 952-563-4957 V/TTY.

### **Transportation:**

City of Bloomington Bus Service available Monday - Friday, 8:15 a.m. - 3:30 p.m., within Bloomington city limits only. Primary service is to and from Creekside Community Center but other trips may be scheduled based on availability. To reserve a

ride, call 952-563-4948 or 952-563-4957 V/TTY one day (by noon) to one week in advance of trip; priority given to older adults 55 years and older and individuals with disabilities.

**Cost/Payment Options:** \$2.75 each way

**Location:** Creekside Community Center, 9801 Penn Ave. S.

**Phone Number:** 952-563-4944, FAX: 952-563-4945

**Website:** [www.ci.bloomington.mn.us](http://www.ci.bloomington.mn.us)

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## **Program:** Eden Prairie Senior Center

**Services:** The Center's staff works with seniors to organize activities including woodworking, card games, trips, tours, health and wellness classes and computer classes.

**Transportation:** The Senior Transportation program offers rides to the Senior Center and to activities and outings. A shopping trip is available every Monday morning. Volunteer drivers provide door-to-door service.

**Location:** 8950 Eden Prairie Road, Eden Prairie

**Phone Number:** 952-279-8050

**Hours:** 8:30am- 4pm, Monday – Friday

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## **Program:** Richfield Community Center

**Services:** The Center's staff work with seniors and provide activities for them. There is also senior dining available Monday-Friday at noon. Pre-registration is required for the dining by calling two days in advance.

**Eligibility/Population Served:** Seniors age 60 and older.

**Cost/Payment Options:** Free; suggested meal donation \$3.25.

**Location:** 7000 Nicollet Avenue South, Richfield

**Phone Number:** (612)861-9360

**Hours:** Monday-Friday



## **South Hennepin County Libraries**

- **Augsburg Park Library**  
7100 Nicollet Ave.  
Richfield, MN 55423  
#952-847-5300
  
- **Eden Prairie Library**  
565 Prairie Center Dr.  
Eden Prairie, MN 55344  
#952-847-5375
  
- **Edina Library**  
5280 Grandview Square  
Edina , MN 55436  
#952-847-5425
  
- **Oxboro Library**  
8801 Portland Ave. S.  
Bloomington, MN 55420  
#952-847-5775
  
- **Penn Lake Library**  
8800 Penn Ave. S.  
Bloomington, MN 55431  
#952-847-5800
  
- **Southdale Library**  
7001 York Ave. S.  
Edina, MN 55435  
#952-847-5900

**Hennepin County Library Website:** [www.hclib.org](http://www.hclib.org)

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# SUPPORT GROUPS

## FAITH COMMUNITY RESOURCES

A wide variety of support groups are offered through South Hennepin communities of faith. These groups may change periodically. In an effort to ensure the accuracy of information in this guide a listing of communities of faith is provided here to find current support groups.

### Richfield Faith Communities

**Assumption Catholic Church** (AKA: Church of the Assumption)  
305 E. 77<sup>th</sup> St.  
Richfield, MN  
612-866-5019  
[www.assumptionrichfield.org](http://www.assumptionrichfield.org)

**Berea Lutheran Church**  
7538 Emerson Ave. So.  
Richfield, MN  
612-861-7121 [www.berealutheran.org](http://www.berealutheran.org)

**Bethany Covenant Church**  
7121 Bloomington Ave.  
Richfield, MN  
612-869-2500 [www.bethanycov.com](http://www.bethanycov.com)

**Catholic Church of Saint Peter** (AKA: St. Peter's Catholic Church)  
6730 Nicollet Ave. So.  
Richfield, MN  
612-866-5089 [www.stpetersrichfield.org](http://www.stpetersrichfield.org)

**Church of New Life Christian Ministry**  
7107 Nicollet Ave. So.  
Richfield, MN  
612-823-6822

**Emerson Congregational United Church of Christ**  
7601 Girard Ave. So.  
Richfield, MN  
612-869-3221

**Hope Presbyterian Church**  
7132 Portland Ave. So.  
Richfield, MN  
612-866-4055  
[www.hope-pc.org](http://www.hope-pc.org)

**House of Prayer Lutheran Church**  
7625 Chicago Ave. So.  
Richfield, MN  
612-866-8471  
[www.house-of-prayer.com](http://www.house-of-prayer.com)

**Mount Calvary Lutheran Church**  
6544 16<sup>th</sup> Ave. So.  
Richfield, MN  
612-866-5405  
[www.mtcalvaryrichfield.org](http://www.mtcalvaryrichfield.org)

**Oak Grove Lutheran Church**  
7045 Lyndale Ave. So.  
Richfield, MN  
612-869-4917  
[www.christianchurchesonline.com](http://www.christianchurchesonline.com)

**Richfield Baptist Church**  
6215 Oliver Ave. So.  
Richfield, MN  
612-869-5821  
[www.forministry.com](http://www.forministry.com)

**Richfield Church of Christ**  
7314 Humboldt Ave. So.  
Richfield, MN  
612-869-2677  
[www.rfcc.faithsite.com](http://www.rfcc.faithsite.com)

**Southview Baptist Church**  
6605 1<sup>st</sup> Ave. So.  
Richfield, MN  
612-866-5956

**St. Nicholas Episcopal**  
7227 Penn Ave., So  
612-869-7551  
[www.saint-nicks.org](http://www.saint-nicks.org)

**St. Richard's Catholic Community**  
7540 Penn Ave. So.  
Richfield, MN  
612-860-2426  
[www.strichards.com](http://www.strichards.com)

**United Methodist Church of Peace**  
6345 Xerxes Ave. So.  
Richfield, MN  
612-866-0069  
[www.umcop.com](http://www.umcop.com)

**Woodlake Lutheran Church**  
7525 Oliver Ave. So.  
Richfield, MN  
612-866-8449  
[www.woodlakechurch.org](http://www.woodlakechurch.org)

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## Eden Prairie Faith Communities

**Christ Lutheran Church**  
16900 Main Street  
Eden Prairie, MN 55346  
952-937-1223  
[www.christlutheran.com](http://www.christlutheran.com)

**Church of Kingdom Treasures, Int'l**  
PO Box 46205  
Eden Prairie, MN 55344  
952-943-0189

**City Hill Fellowship**  
12901 Roberts Drive  
Eden Prairie, MN 55346  
952-941-7291  
[www.cityhill.org](http://www.cityhill.org)

**E.P. Assembly of God**  
16591 Duck Lake Trail  
Eden Prairie, MN 55346  
952-934-2327  
[www.EPAssembly.org](http://www.EPAssembly.org)

**Eden Prairie Presbyterian Church**  
9145 Eden Prairie Road  
Eden Prairie, MN 55347  
952-937-8000  
[www.eppc.com](http://www.eppc.com)

**E.P. United Methodist**  
15050 Scenic Heights Road  
Eden Prairie, MN 55344  
952-937-8781  
[www.prairiechurch.org](http://www.prairiechurch.org)

**Gathering Place Christian Church**  
9957 ValleyView Rd  
Eden Prairie, MN  
952-942-5447

**Grace Church**

9301 Eden Prairie Road  
Eden Prairie, MN 55347  
952-224-3023  
[www.atgrace.com](http://www.atgrace.com)

**Immanuel Lutheran Church**

16515 Luther Way  
Eden Prairie, MN 55346  
952-937-8123  
[www.immanuel.us](http://www.immanuel.us)

**Islamic Institute of Minnesota**

**Masjid/ Mosque**  
6871 Flying Cloud Dr  
Eden Prairie, MN 55344,  
952-946-6061  
[www.iimsouthwest.org](http://www.iimsouthwest.org)

**King of Glory Lutheran**

17850 Duck Lake Trail  
Eden Prairie, MN 55347  
952-934-1708

**Liberty Baptist**

6500 Baker Road  
Eden Prairie, MN 55346  
952-934-0811

**Life Church**

14100 Valley View Road  
Eden Prairie, MN 55344  
952-937-6101  
[www.eplife.org](http://www.eplife.org)

**Pax Christi Catholic Community**

12100 Pioneer Trail  
Eden Prairie, MN 55347  
952-941-3150  
[www.paxchristi.com](http://www.paxchristi.com)

**Prairie Hill Evangelical  
Free Church**

17200 Valley View Road  
Eden Prairie, MN 55346  
952-937-9593  
[www.phefc.org](http://www.phefc.org)

**Prairie Lutheran Church**

11000 Blossom Road  
Eden Prairie, MN 55347  
952-829-0525  
[www.prairielutheran.org](http://www.prairielutheran.org)

**Resurrection Life Church**

16397 Glory Lane  
Eden Prairie, MN 55344  
952-934-5433  
[www.rezlife.org](http://www.rezlife.org)

**St. Andrew Lutheran  
Church**

13600 Technology Drive  
Eden Prairie, MN 55344  
952-937-2776  
[www.standrewlu.org](http://www.standrewlu.org)

**Victory Lutheran Church**

16200 Berger Drive  
Eden Prairie, MN 55347  
952-934-0956  
[www.victorylcms.org](http://www.victorylcms.org)

**Wooddale Church**

6630 Shady Oak Road  
Eden Prairie, MN 55344  
952-944-6300  
[www.wooddale.org](http://www.wooddale.org)

## Bloomington Faith Communities

### **Atonement Lutheran Church**

601 East 98<sup>th</sup> St.  
Bloomington MN 55420  
952-881-9244  
[www.atonement-bloomington.org](http://www.atonement-bloomington.org)

### **Bethany Missionary Church**

6900 Auto Club Rd.  
Bloomington MN 55438  
952-946-4186  
Non-denominational

### **Bloomington Baptist Church**

4300 W. 98<sup>th</sup> St.  
Bloomington MN 55437  
952-831-5046  
[www.bloomingtonbaptist.org](http://www.bloomingtonbaptist.org)

### **Bloomington Christian Church**

9000 Bloomington Freeway  
Bloomington MN 55431  
952-888-4933

### **Lifechurch (formerly Bloomington Church of God)**

2201 W. 108<sup>th</sup> St  
Bloomington MN 55431  
952-884-0594  
[www.lifechurchinfo.org](http://www.lifechurchinfo.org)

### **Bloomington Covenant Church**

10150 Xerxes Ave South  
Bloomington MN 55431  
952-831-8339  
[www.bcov.org](http://www.bcov.org)

### **Bloomington Lutheran Church**

9350 Portland Ave  
Bloomington MN 55420  
952-888-2475  
[www.bloomington.lutheran.org](http://www.bloomington.lutheran.org)

### **Calvary United Pentecostal Church**

8800 Nicollet Ave S.  
Bloomington MN 55420  
952-888-0215

### **CedarCrest Free Methodist Church**

1630 E 90<sup>th</sup> St.  
Bloomington MN 55425  
952-854-8390  
[www.cedardrestchurch.org](http://www.cedardrestchurch.org)

### **Cedar Valley Church**

Assembly of God  
8600 Bloomington Ave S  
Bloomington MN 55425  
952-854-1100  
[www.cvchurch.org](http://www.cvchurch.org)

### **Christ the King Lutheran Church**

8600 Fremont Ave S  
Bloomington MN 55420  
952-881-8600  
[www.ctkb.org](http://www.ctkb.org)

### **Christian Life Church**

9000 Emerson Ave S  
Bloomington MN  
952-881-6527  
[www.christianlifemn.org](http://www.christianlifemn.org)

### **Church of Jesus Christ of Latter Day Saints-Mission Office**

5931 W. 96<sup>th</sup> St.  
Bloomington MN 55438  
952-835-7788

**Community of the Cross Lutheran Church**

10701 Bloomington Ferry Rd.  
Bloomington MN 55438  
952-941-1247  
[www.cclcmn.org](http://www.cclcmn.org)

**Congregational (St. Mark's U.C.C)**

8630 Xerxes Ave S.  
Bloomington MN 55431  
952-831-3949

**CrossPoint Church**

Evangelical Free  
9801 France Ave. S.  
Bloomington, MN 55431  
952-831-1785  
[www.cross-point.org](http://www.cross-point.org)

**Emmaus Lutheran Church (AFLC)**

8443 2<sup>nd</sup> Ave. S.  
Bloomington, MN 55420  
952-884-4751  
[www.emmauslutheran.org](http://www.emmauslutheran.org)

**Grace by the Mall  
Grace Lutheran Church**

8700 Cedar Ave.  
Bloomington, MN 55425  
952-854-6638  
[www.gracebythemall.org](http://www.gracebythemall.org)

**Hillcrest United Methodist Church**

9100 Russell Ave. S.  
Bloomington, MN 55431  
952-881-8601  
[www.hillcrestmethodist.org](http://www.hillcrestmethodist.org)

**Holy Emmanuel Lutheran Church**

201 E. 104<sup>th</sup> St.  
Bloomington, MN 55420  
952-888-2345  
[www.holyemmanuelmn.org](http://www.holyemmanuelmn.org)

**Jesus is Lord Church**

2829 W. 102<sup>nd</sup> St.  
Bloomington, MN 55431  
952-888-2402  
[www.jil-church.org](http://www.jil-church.org)

**Living Temple Apostolic Church**

P.O. Box 201243  
Bloomington, MN 55420  
612-251-9081

**Lutheran Church of the Redemption**

927 E. Old Shakopee Rd  
Bloomington, MN 55420  
952-881-0035  
[www.lcredemption.org](http://www.lcredemption.org)

**Minnesota Valley Unitarian Universalist Fellowship**

10715 Zenith Ave. S  
Bloomington, MN 55431  
952-884-8956  
[www.mnvalleyuu.org](http://www.mnvalleyuu.org)

**Mormon Missionaries**

5931 W. 96<sup>th</sup> St.  
Bloomington, MN 55438  
952-835-7788  
[www.2012707ldschurch.org](http://www.2012707ldschurch.org)

**Mount Hope Lutheran Church**

3601 W Old Shakopee Rd  
Bloomington, MN 55431  
952-888-5059

**Nativity of Mary Catholic Church**

9900 Lyndale Ave. S  
Bloomington, MN 55420  
852-881-8671

**Normandale Baptist Church**  
4701 W. 84<sup>th</sup> St.  
Bloomington, MN 55437  
952-831-2900  
[www.normandalebaptist.org](http://www.normandalebaptist.org)

**Normandale Hylands United Methodist Church**  
9920 Normandale Blvd  
Bloomington, MN 55437  
952-835-7585  
[www.nhylandsumc.org](http://www.nhylandsumc.org)

**Oak Hill Lutheran Brethren Church**  
8901 France Ave S  
Bloomington, MN 55431  
(952) 881-9486  
[office@oakhillbc.org](mailto:office@oakhillbc.org)

**Oak Grove Presbyterian Church**  
2200 W. Old Shakopee Rd  
Bloomington, MN 55431  
(952) 888-4621  
[ogpc@oakgrv.org](mailto:ogpc@oakgrv.org)

**Oxboro Evangelical Free Church**  
9431 Nicollet Ave S  
Bloomington, MN 55420  
(952) 881-6956  
[church@oxboro.org](mailto:church@oxboro.org)

**Peace Lutheran Church**  
8600 E. Bush Lake Rd  
Bloomington, MN 55438  
(952) 944-6510  
[info@peacebloomington.org](mailto:info@peacebloomington.org)

**Portland Avenue United Methodist Church**  
8000 Portland Ave.  
Bloomington, MN 55420  
(952) 888-6070  
[portumc@mninter.net](mailto:portumc@mninter.net)

**Riverside Reformed Church**  
10201 Nicollet Ave S  
Bloomington, MN 55420  
(952) 888-4988  
[riverside@riversidechurch1.com](mailto:riverside@riversidechurch1.com)

**St. Bonaventure Catholic Church**  
901 E. 90<sup>th</sup> St  
Bloomington, MN 55420  
(952) 854-4733  
[www.saintbonaventure.org/](http://www.saintbonaventure.org/)

**St. Luke's Lutheran Church**  
1701 W. Old Shakopee Rd  
Bloomington, MN 55431  
(952) 881-5801  
[Kelly@stlukes.ws](mailto:Kelly@stlukes.ws)

**St Michael's Lutheran Church**  
Lutheran Church Missouri Synod  
9201 Normandale Blvd  
Bloomington, MN 55437  
(952) 831-5276  
[stmichaelsbloomington.org](http://stmichaelsbloomington.org)

**St. Stephen Lutheran Church**  
8400 France Ave S  
Bloomington, MN 55431  
(952) 831-4746  
[office@ststephen.net](mailto:office@ststephen.net)

**Southtown Baptist Church**  
2600 W 82<sup>nd</sup> St.  
Bloomington, MN 55431  
(952)-881-1122  
[southtownchurch@msn.com](mailto:southtownchurch@msn.com)

**The Church of St. Edward's**  
Roman Catholic  
9401 Nesbitt Ave S  
Bloomington, MN 55437  
(952) 835-7101  
[www.stedwardschurch.org/](http://www.stedwardschurch.org/)

**Transfiguration Lutheran Church**  
1100 France Ave. S.  
Bloomington, MN 55431  
(952) 884-2364  
[www.tlcmn.com/](http://www.tlcmn.com/)

**United Church of Christ, St Mark's**  
8630 Xerxes Ave S  
Bloomington, MN 55431  
(952) 831-3949  
[stmarksucc@comcast.net](mailto:stmarksucc@comcast.net)

**Unity South Church**  
7950 1<sup>st</sup> Ave S  
Bloomington, MN 55420  
(952) 884-6656  
[office@unitysouth.org](mailto:office@unitysouth.org)

## **Alcoholics Anonymous/Narcotics Anonymous**

### **Program: Alcoholics Anonymous**

**Services:** AA orientation class – introduction to Alcoholics Anonymous for persons with a desire to stop drinking. Class held at 10 am each Saturday.

Information Line – Receives calls from alcoholics and then transmits them to the appropriate group/individual in the caller's area who will respond. Meeting info is available on website as well.

Speakers Bureau and Bookstore – Maintain directory of AA meetings, provide information speakers about Alcoholics Anonymous to groups and organizations, A.A. Literature Bookstore

**Eligibility/Population Served:** Anyone with a desire to stop drinking

**Cost/Payment Options:** free

**Location:** Office location 7204 West 27<sup>th</sup> Street, Suite 113  
Saint Louis Park

**Phone Number:** (952) 922-0880

**Hours:** 9am – 4:30pm, Monday, Wednesday, Friday; 9am – 7pm, Tuesday, Thursday; 9am – 1pm, Saturday; Hotline answered 24 hours a day

**Website:** [www.aaminneapolis.org](http://www.aaminneapolis.org)



**Program:** Alanon/Alateen

**Services:** 24 hour telephone response to people in need of someone to talk with about the problems alcohol has created in their lives; phone response during office hours to requests for information; directions to Al-Anon and Alateen groups in the Greater Minneapolis area.

**Eligibility/Population Served:** Family and friends of alcoholics (not other drugs) including adult children of alcoholics and young teens/teens affected by livings with family alcoholism.

**Cost/Payment Options:** free

**Location:** 7204 West 27th Street, St. Louis Park

**Phone Number:** (952) 920-3961

**Hours:** 9am-4pm, Monday-Friday; 9am-1pm, Saturday

**Website:** <http://www.al-anon-alateen-msp.org/>

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**Program:** Narcotics Anonymous (NA)

**Services:** NA is a fellowship of people for whom drugs have become a major problem. Members meet regularly to support one another in their recovery. NA members support one another in the application of the principles of the Twelve Steps and Twelve Traditions of NA.

**Eligibility/Population Served:** Anyone with a desire to stop using drugs, regardless of drug or drug combination used.

**Cost/Payment Options:** Free

**Location:** Office location: 310 E 38th St Suite 115 Minneapolis  
Meeting locations: Vary- call for more information

**Phone Number:** Office: 612-822-9472  
Meeting information: 1-877-767-7676  
Minneapolis/ St. Paul Helpline: 952-939-3939

**Hours:** Various meeting times. Call for information.

**Website:** [www.naminnnesota.org](http://www.naminnnesota.org)

## Alzheimer's

### **Program:** Prairie Adult Care

#### **Services:** Early Memory Loss Support Group

Support groups for persons in early stages of memory loss from Alzheimer's disease or other dementias, and their caregiver. Concurrent sessions for the caregiver and the person with memory loss meet to discuss changes in their lives, find information and support from each other.

**Eligibility/Population Served:** Individuals diagnosed with early memory loss

**Cost/Payment Options:** Free

**Location:** 16200 Berger Drive, Eden Prairie MN

**Phone Number:** 952-949-3126

**Hours:** Call for group times.

**Website:** [www.prairieadultcare.com](http://www.prairieadultcare.com)

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## Attention Deficit Hyperactivity Disorder-ADHD

### **Program:** Learning Disabilities Association of Minnesota (LDA)

A non-profit aimed at research-based practice in learning disabilities. The focus is on the educational and vocational needs of people of all ages who may experience difficulties in learning due to an established or suspected learning disability (LD) and/or attention-deficit/hyperactivity disorder (ADHD).

#### **Services:**

- ADHD and LD Workshops & Support Groups
- Assessments for children and adults for specific learning disabilities (SLD) or related learning difficulties
- Diagnostic Assessments to confirm or rule out Attention-Deficit/Hyperactivity Disorder (ADHD)
- Consultations to provide insight into an individual's learning profile and appropriate planning

- GED Accommodations Assessment
- Early Reading Profile for ages 5-9
- Adult Reading Profile
- Adult Tutoring services
- ADHD and LD Transition Coaching for young adults ages 14-21

**ADHD Workshops** are facilitated by ADHD specialists and are offered several times a month. They provide education, awareness and enhanced coping skills and learning tools for individuals with ADHD or those associated with someone who is diagnosed.

**Adult and Parent Support Groups** offer new topics and opens discussion, followed by group sharing and support to learn strategies, gain new outlooks, ask questions, and deepen understanding of ADHD concerns. Support Groups are facilitated by a professional with experience in ADHD issues.

**Eligibility/Population Served:** Children, teens, adults, including professionals and parents of children with ADHD or learning disability and/or related learning difficulty.

**Languages:** Community-base programs, Learning Connections and Parent's As Partner's offer workshops in Spanish

**Cost/Payment Options:** Workshops: \$30/person or \$40 for two family members. Support Groups are \$20

**Location:** 5354 Parkdale Drive, Suite 200, St. Louis Park

**Phone Number:** 952-922-8374

**Hours:** 9am-5pm; call for group times.

**Website:** [www.ldminnesota.org](http://www.ldminnesota.org)

**Program:** Twin Cities CHADD (Children and Adults with Attention-Deficit/Hyperactivity Disorder)

**Services:** CHADD has local support groups in every state in the United States. Each group offers programming or information specific to their geographic area. These groups offer assistance for parents, children, young adults, adults and other stakeholders (psychologists, teachers, doctors, etc.). These groups provide advocacy, support, networking and information to those affected by AD/HD in their areas.

**Eligibility/Population Served:** individuals with ADHD and their families

**Cost/Payment Options:** free

**Location:** call for meeting times and locations

**Phone Number:** 952.922.5761

**Website:**<http://www.chadd.net>

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## Caregivers

### **Program:** Prairie Adult Care

#### **Services:** General Caregivers Support Group

Meetings consist of current health care information and group discussion relevant to persons caring for an adult with physical or memory disabilities. The meetings are facilitated by qualified staff from Prairie Adult Care and Senior Community Services. Free respite care is available at Prairie Adult Care with advance notice.

**Eligibility/Population Served:** Caregivers, those diagnosed with early memory loss and Parkinson's

**Cost/Payment Options:** Free

**Location:** 16200 Berger Drive, Eden Prairie

**Phone Number:** 952-949-3126

**Hours:** Call for group times.

**Website:** [www.prairieadultcare.com](http://www.prairieadultcare.com)

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## Divorce

### **Program:** Divorce Education Services

**Services:** Offers the following 3 seminars in various metro locations for members of separating/divorcing families-

- 1) Co-Parenting- a 4½ hour one-time educational seminar for parents around ongoing cooperative parenting issues
- 2) L.E.A.D.- a 3½ hour adult informational seminar about the legal process and financial challenges of divorce/separation

*\* Parents in contested divorce are required by Minnesota State Law to attend 8 hours of parenting education, which is satisfied by taking both Co-Parenting and L.E.A.D. Parents in uncontested divorces have the option of attending just the Co-Parenting seminar.*

- 3) Co-Kids- a 3 hour creative educational workshop for children of divorce/separation. Separate seminars are regularly offered for 6-8, 9-12, and 13-17year olds.

**Eligibility/Population Served:** Anyone. Self-referral or referral from Family Court Services.

**Cost/Payment Options:** Co-parenting - \$75 per person; L.E.A.D. - \$45 per person; Co-Kids – \$45 per child. A sliding Fee Scale is offered for those needing it.

**Location:** The Storefront Group, 6425 Nicollet Ave. So., Richfield

**Phone Number:** 612-861-1675

**Hours:** 8am– 8pm, Monday-Thursday; 8am – 5pm, Friday; some Saturday classes are held.

**Website:** [www.storefront.org](http://www.storefront.org)

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## Domestic Violence

### **Program:** Cornerstone

**Services:** Open support groups for victims of domestic violence; educational groups on domestic violence, anger, and parenting; support groups specifically serving victims of domestic violence over 50 years of age, and those in the GLBT community; concerned others group for those working with a family member or friend who is a victim of domestic violence; spirituality group; girls and boys groups.

**Eligibility/Population Served:** Those affected by domestic violence; all ages and genders

**Cost/Payment Options:** Free

**Location:** 1000 E. 80<sup>th</sup> St., Bloomington MN, 55420

**Transportation:** On bus line

**Phone Number:** 952-884-0376; 24 hour crisis line,952-884-0330

**Hours:** both evening and daytime groups, call for specific times

**Website:** [www.cornerstonemn.org](http://www.cornerstonemn.org)

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## **Program:** Domestic Abuse Project (DAP)

**Services:** Groups for perpetrators of domestic violence- both men's and women's groups; Emerging Young Men Program; Groups for children

**Eligibility/Population Served:** Victims and perpetrators of domestic violence

**Cost/Payment Options:** Sliding Scale Fee

**Location:** 204 W. Franklin Ave., Minneapolis MN, 55404

**Phone Number:** 612-874-7063

**Hours:** Call for group times.

**Website:** [www.mndap.org](http://www.mndap.org)

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## **Program:** Harriet Tubman Family Alliance

**Services:** Support groups for victims of domestic violence; Groups for perpetrators of domestic violence; Educational groups on topics such as wellness, finances, spirituality, parenting, etc.; Groups for teens and kids.

**Eligibility/Population Served:** People affected by domestic violence- both victims and perpetrators.

**Languages:** English, Spanish, Hmong

**Cost/Payment Options:** Free

**Location:** 3111 1<sup>st</sup>. Ave. S., Minneapolis

**Transportation:** On bus line

**Phone Number:** 612-825-0000

**Hours:** Call for group times.

**Website:** [www.harriettubman.org](http://www.harriettubman.org)

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### **Program:** Sojourner

**Services:** Support groups for victims of domestic violence; Groups for seniors and kids; Parenting support groups

**Eligibility/Population Served:** Victims of domestic violence

**Languages:** English, Hindi, Punjabi, Urdu, Spanish

**Cost/Payment options:** Free

**Location:** Hopkins, MN

**Transportation:** On bus line

**Hours:** Call for group times.

**Phone Number:** 952-933-7422

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## **Gambling**

### **Program:** Minnesota Gamblers Anonymous

**Services:** Information and resources related to gambling and locations of Gamblers Anonymous meetings.

**Eligibility/Population Served:** Individuals who are concerned about a gambling problem

**Cost/Payment Options:** Free

**Location:** Meetings in South Hennepin area

**Phone Number:** Hotline 1-888-GAHELPS (1-888-424-3577)

**Website:** [www.minnesotaga.org](http://www.minnesotaga.org)

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**Program:** Minnesota Gambling Helpline  
(Minnesota Department of Human Services)

**Services:** Provides a confidential 24 hour helpline for information and resources for individuals who are concerned about a gambling problem

**Eligibility/Population Served:** Minnesota residents who are concerned about their own gambling problem or that of another person

**Cost/Payment Options:** Free

**Phone Number:** Minnesota Gambling Helpline 1-800-333-4673

**Hours:** 24 hour HelpLine

**Website:** [www.dhs.state.mn.us](http://www.dhs.state.mn.us)

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## Grief

**Program:** GriefShare

**Services:** GriefShare is designed to help you recover after the loss of a family member, friend, or acquaintance. Supper is available at 5:45 p.m. for \$2.00.

**Eligibility/Population Served:** New members may join anytime

**Location:** 10150 Xerxes Ave S., Bloomington

**Phone Number:** 952-890-7620



**Hours:** Call for group times.

**Website:** [www.griefshare.com](http://www.griefshare.com)

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**Program:** Living With Grief Education Series

**Services:** Living with Grief is an educational program sponsored and presented by Fairview Hospice. This program includes two distinct presentations. You may attend one or both presentations.

**Eligibility/Population Served:** Open to the public

**Cost/Payment Options:** Free of charge

**Location:** Fairview Hospice  
600 W. 98<sup>th</sup> St, Suite 100  
Bloomington, MN 55420

**Hours:** Call for group times.

**Phone Number:** 612-728-2445, registration is required

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**Program:** Bloomington-Richfield Grief Support Coalition

**Services:** Information, education, and support for adults who are experiencing grief due to the loss of family member or friend.

**Eligibility/Population Served:** Adults

**Cost/Payment Options:** There is no fee. Free-will offerings are accepted.

**Location:** Site rotates among Bloomington and Richfield Churches.

**Phone Number:** 952-835-7101

**Hours:** Call for group times.

## **Mental Health**

### **Program: Mental Health Association**

**Services:** Helps individuals find access to services, provide community education about mental illness, treatments and resources. Also works in public policy to ensure that the voices of individuals with mental illness are heard.

**Eligibility/Population Served:** anyone affected by mental illness or wanting to learn more about mental illness.

**Cost/Payment Options:** Free

**Location:** 2021 East Hennepin Avenue, Suite 412, Minneapolis

**Phone Number:** (612) 331-6840

**Hours:** Monday- Friday

**Website:** [www.mentalhealthmn.org](http://www.mentalhealthmn.org)

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### **Program: National Alliance on Mentally Illness (NAMI) of Minnesota**

**Services:** wide variety of support groups that meet throughout the Twin Cities. Groups offered include support groups for families, anxiety support groups, depression support groups and recovery focused groups, just to name a few.

**Eligibility/Population Served:** Children, Adolescents and Adults with mental illness. Groups for families with a loved one with mental illness as well.

**Cost/Payment Options:** Free

**Location:** Throughout the Twin Cities

**Phone Number:** (651)645-2948

**Hours:** Call for group times.

**Website:** [www.namimn.org](http://www.namimn.org)

## **Program: PACER**

**Services:** PACER Center offers free workshops throughout Minnesota to parents of children with disabilities and the professionals working with families. Workshop topics include areas of interest in special education, including information on the Individuals with Disabilities Education Act (IDEA), the Individualized Education Plan (IEP) program, early childhood, the area of transition for students 14-21 (housing, post secondary, employment, and community), assistive technology, and more.

**Eligibility/Population Served:** parents and professionals working with children with disabilities

**Cost/Payment Options:** free

**Location:** Main Office: 8161 Normandale Blvd. Minneapolis. Locations of Workshops vary; call or visit website for specific dates and times

**Phone Number:** 952-838-9000

**Hours:** 8am – 5pm Monday- Friday

**Website:** [www.pacer.org](http://www.pacer.org)

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## **Parenting**

### **Program: Arc of Greater Twin Cities**

**Services: Family Connections:** Strengthening families and connecting them with services and other parents, siblings or caregivers is what Arc is all about. Arc's Family Connection programs include:

**A. Parent Networking/Caregiver Networking Groups:** information and support groups for parents and others who care for a person with a disability.

**B. Family Access Groups:** Arc offers monthly culturally specific networking and educational sessions for the entire family. The sessions are geared towards Inner City, African American, Hmong, African ,American Indian and Latino families residing in Minneapolis and St. Paul. Participants have the opportunity to talk, eat, learn and play.

**Eligibility/Population Served:** Parents, siblings and caregivers of children with disabilities

**Language:** Spanish, Hmong and Somali speaking staff available for family access groups

**Cost/Payment Options:** Free

**Location:** 2446 University Ave. W., Ste. 110, St. Paul, \*\*sites vary

**Phone Number:** 952-920-0855

**Hours:** Call for group times.

**Website:** <http://www.arcgreatertwincities.org>

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## **Program:** Bloomington/Richfield Family Center

**Services:** Parenting information, education and support. Most early childhood classes include discussion time for parents while children plan together in early childhood classroom. Some classes are parent discussion only while others include parent-child activities.

**See Family Centers for more information.**

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## **Program:** Eden Prairie Family Center

**Services:** K-12 Parent Education opportunities focusing on subjects including general parenting, supporting children's learning, general parenting and children's mental health, cool, calm kids and calm perspectives series and transition panels.

**See Family Centers for more information.**

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## **Program: Family & Children's Services-FCS**

**Services:** Family & Children's Service offers parenting support groups and information classes. The groups help parents who are trying to do their best to raise their children in these challenging times who want to build upon their present strengths, and avoid passing on certain types of parenting to their children in the future. The purpose of these groups is to provide opportunities to learn healthy parenting skills.

**Cost/Payment Options:** sliding-fee scale; childcare is provided on-site.

**Phone Number:** Family Life Education Department at 612-728-2057

**Website:** [www.fcsmn.org](http://www.fcsmn.org)

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## **Program: Family Focused Program at Fraser School**

**Services:** The Family Focused Program is a voluntary program offering parenting information, support and resources to improve skills in the targeted areas of the ability to sustain, nurture, provide safety and protection, and management of children's behavior. Children ages 6 weeks to 5 years are provided an inclusive pre-school setting to develop skills in the areas of attachment, self control and regulation, peer relationships, and competence and sense of self. Program lasts up to 18 months. Family Focused Program consists of In-Home Parenting sessions, Case Management, Parent Group and in School learning. Participants must commit to attend at least 80% of program.

**Eligibility/Population Served:** Parents and children who are at risk of abuse and or neglect. Hennepin County Parents/Families: Richfield, Bloomington, Edina, and South Minneapolis.

**Cost/Payment Options:** Funded through Hennepin County

**Location:** Fraser School 2400 West 64<sup>th</sup> Street, Richfield

**Transportation:** Transportation provided for families in need.

**Phone Number:** Family Focused Coordinator, 612-798-8351

**Hours:** 238 school days per year; session times 9am-11:30 am or 1pm-3:30pm, Monday-Friday

**Website:** [www.fraser.org](http://www.fraser.org) Go to School Forms for referral info.

## **Program: Minnesota Association for Children's Mental Health (MACMH)**

### **Mental Health Support, Education, and Advocacy**

MACMH's mission is to enhance the quality of life for children with mental health disorders and their families. MACMH serves families and caregivers of children who have mental health needs, as well as professionals working with children who have mental health needs and/or their families.

**Parent-to-Parent Program Support Groups** offer encouragement and mentoring from trained parent facilitators for parents of children with mental health disorders. There are culturally specific Parent-to-Parent Support Groups to meet the unique needs of parents from culturally specific communities. Parents learn about the multiple systems that serve children with mental health disorders and help them navigate these complex systems. The support group helps remove the stigma and barriers associated with children's mental health disorders. Parents develop skills required to effectively care for and advocate for their children. Parents develop skills to advocate for timely and appropriate delivery of services to children with mental health disorders.

MACMH advocates can also assist families from out-state in finding support groups and parent liaisons across throughout Minnesota. MACMH offers parents and professionals across the state a clear and complete understanding of children's mental health. MACMH advocates help parents and caregivers choose and access resource options that best address the needs of their child and family.

**Eligibility/Population Served:** Minnesota families and professionals in need of support because of having a child with a mental health disorder diagnosis or concern.

Languages: English, other cultures.

**Cost Payment Options:** Free

**Location:** 165 Western Avenue North, Saint Paul

**Phone Number:** 1-800-528-4511/ 651-644-7333

**Website:** [www.macmh.org](http://www.macmh.org)

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**Program:** MOM's Club (Bloomington, Eden Prairie, Richfield)

**Services:** A nonprofit organization providing support for the at home mother of today. The MOMS Club offers support, friendship, fun activities and informative meetings including:

- **Monthly Meetings** with speakers and discussions which address topics of interest to women and parents, and offer opportunities to get to know other members.
- **Playgroups** for infants to school age children.
- **Babysitting CO-OP** where members help each other out by swapping babysitting hours.
- **Activities Groups** for the mothers like monthly MOMS Night Out, arts 'n crafts, recipe club, and other special interests.
- **Fun and educational** outings for mothers and their children.
- **Community service projects**
- **Newsletters** with information on latest chapter activities.

**Eligibility/Population Served:** Stay-at home moms.

**Cost/Payment Options:** Annual membership is \$20. The fee can be waived in cases of financial hardship

**Contact:** bloomingtonmomsclub@msn.com, richfieldmoms@yahoo.com  
www.epmomsclub.org. For Mothers of Multiples: www.mvmom.org

**Website:** www.momsclub.org

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**Program:** St. David's Child Development and Family Services

**Parent Support Groups** are offered on an on-going basis at the **Minnetonka site**. All groups are led by staff or trained parent facilitators.

**Mother's Sharing Groups**

For mothers who want to share the experience of living with a child who has special needs, find resources, and be supported (and supportive) as they work through the grief process of having a child with a disability. Groups focus on moms with infant/preschool children, school age children and all ages.

**Location:** 3395 Plymouth Rd. Minnetonka, MN 55305

**Eligibility/Population Served:** mother's who have children with special needs

**Cost/Payment Options:** free

**Location:** 3395 Plymouth Rd. Minnetonka, MN 55305

**Phone Number:** 952-939-0396

**Hours:** Call for group times.

**Website:** [www.stdavids.net](http://www.stdavids.net)

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## **Parkinson's**

**Program:** American Parkinson Disease Association Information and Referral Center of Minnesota

**Services:** Sponsors support groups for patients and families throughout Minnesota impacted by Parkinson's Disease. Also provides physician referrals, a newsletter and conferences.

**Eligibility/Population Served:** Available to all

**Cost/Payment Options:** Free

**Location:** Support groups are held throughout the Twin Cities and Minnesota. Contact (612) 863-5850 or 888-302-7762 for information on the location, time and dates of groups

**Phone Number:** (612) 863-5850, 888-302-7762

**Hours:** 6:30am-5pm, Tuesday-Thursday

**Website:** [www.apdaparkinson.org](http://www.apdaparkinson.org)

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## **Program: Prairie Adult Care**

**Services: Parkinson's Support Group** for persons with Parkinson's or related disorders and/or their caregivers. Members offer emotional support and tips on coping with the disease at monthly meetings. Experts in Parkinson's research and care present informational sessions throughout the year.

**Eligibility/Population Served:** Individuals diagnosed with Parkinson's

**Cost/Payment Options:** Free

**Location:** 16200 Berger Drive, Eden Prairie

**Phone Number:** 952-949-3126

**Hours:** Call for group times.

**Website:** [www.prairieadultcare.com](http://www.prairieadultcare.com)

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# Mental & Chemical Health Treatment

The following table provides a quick reference checklist of all services listed in this section and their service provision area(s).

Provider	Mental Health	Chemical Health
Allina Medical Clinic	<input checked="" type="checkbox"/>	
ARK & Lifestyles Counseling Center		<input checked="" type="checkbox"/>
Aspen Medical Clinic	<input checked="" type="checkbox"/>	
Bill Kelly House	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Carlson Drake House	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Center for Victims of Torture	<input checked="" type="checkbox"/>	
Chrysalis	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Comunidades Latinas Unidas Servicio	<input checked="" type="checkbox"/>	
Cornestone	<input checked="" type="checkbox"/>	
Eden Prairie High School Chemical Health Services		<input checked="" type="checkbox"/>
Drew Professional Building	<input checked="" type="checkbox"/>	
East African Mental Health Services	<input checked="" type="checkbox"/>	
Fairview Behavioral Health Services	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Fairview Counseling Centers	<input checked="" type="checkbox"/>	
Fairview Southdale Hospital Inpatient Adult Mental Health	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Family & Children's Service, FCS	<input checked="" type="checkbox"/>	
Family School Coordinator/Children's Mental Health Case Management Services	<input checked="" type="checkbox"/>	
Hennepin County Services Front Door Access	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Hennepin County Behavioral Health Case Management	<input checked="" type="checkbox"/>	

<b>Program</b>	<b>Mental Health</b>	<b>Chemical Health</b>
Hennepin County Forensic Case Management	<input checked="" type="checkbox"/>	
Hennepin County Mental Health Centers	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Impact Program	<input checked="" type="checkbox"/>	
Mental Health Systems	<input checked="" type="checkbox"/>	
New Connections_Regions Hospital		<input checked="" type="checkbox"/>
New Outlook Early Intervention and Prevention Group	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Park Nicollet Alexander Center	<input checked="" type="checkbox"/>	
Park Nicollet Clinic in Eden Prairie	<input checked="" type="checkbox"/>	
Park Nicollet Clinic- Bloomington	<input checked="" type="checkbox"/>	
Pride Institute	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
ReEntry House	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Relate Counseling Center	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
St. David's Child Development and Family Services	<input checked="" type="checkbox"/>	
Starfish Services: Counseling and Life Coaching for Young People	<input checked="" type="checkbox"/>	
The Storefront Group General Outpatient Therapy Services	<input checked="" type="checkbox"/>	
Teens Alone	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
TreeHouse Parent Services and TreeHouse Youth Services	<input checked="" type="checkbox"/>	
Truancy, Property Offenders and Anger Management for Adolescents	<input checked="" type="checkbox"/>	
Washburn Center for Children	<input checked="" type="checkbox"/>	
West Suburban Teen Clinic	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

**Program:** Allina Medical Clinic Woodlake

**Services:** Mental health services available through two licensed psychologists, who provide individual, marital and partner counseling. Other clinic services include family medicine, geriatrics, internal medicine, pediatrics, podiatry, sports medicine.

**Eligibility/Population Served:** Services are provided to children 5 years and older, with a focus on 12-19 year olds as well as counseling to adults 21 years and older.

**Languages:** English, Hmong, some Laotian; other interpreters available through Kim Tong Translations.

**Cost/Payment Options:** Most private insurances accepted. Medical assistance (MA) and MA health plans accepted. Cannot bill Medicare, but can bill a Medicare supplement if it has appropriate benefit.

**Location:** 407 W. 66<sup>th</sup> St., Richfield, MN 55423

**Phone Number:** 612-798-8800; appointment line: 612-798-8844

**Hours:** 8am–5 pm, Monday-Friday. 9am-5pm, first Wednesday of the month

**Website:** [www.allina.com/ahs/AMC.nsf/page/AMC\\_Woodlake](http://www.allina.com/ahs/AMC.nsf/page/AMC_Woodlake)

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**Program:** ARK & Lifestyles Counseling Center

**Services:** Outpatient services for persons with addictions including substance abuse treatment, drug rehabilitation and gambling treatment Services include: chemical assessments, evaluations, individual treatment planning, individual and group therapy, and groups for DUI/DWI offenders.

**Eligibility/Population Served:** Chemically Dependent adults

**Cost/Payment Options:** Self-pay, Medical Assistance, private health insurance

**Location:** 9613 Girard Ave. So., Bloomington

**Transportation:** On a bus line. Transportation can be arranged with Lifestyles staff.

**Phone Number:** (952)888-3511

**Hours:** Services available Sunday-Saturday. Call for an appointment.

**Website:** [www.ark-lifestyle.com](http://www.ark-lifestyle.com)

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**Program:** Aspen Medical Clinic

**Services:** Therapy, psychiatry and medication management

**Eligibility/Population Served:** Adults

**Cost/Payment Options:** MA , most private insurance

**Location:** 7920 Cedar Avenue South, Bloomington

**Phone Number:** (952) 851-1000

**Hours:** 8am -5pm, Monday-Friday

**Website:** [www.aspenmed.org](http://www.aspenmed.org)

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**Program:** Bill Kelly House

**Services:** An Intensive Residential Treatment Center for Mentally Ill and Chemically Dependent adults. Clients can stay for three months.

**Eligibility/Population Served:** Adults with serious and persistent mental illness. Case Manager authorization required.

**Cost/Payment Options:** Group Residential Housing funded

**Location:** 3104 East 58<sup>th</sup> Street, Minneapolis

**Transportation:** On a bus line

**Phone Number:** (612)726-1502

**Hours:** 24 hours/7 days a week.

**Program:** Carlson Drake House

**Services:** Group Residential Housing providing intensive residential treatment center for mentally ill adults with serious and persistent mental illness. Chemical dependency treatment available.

**Eligibility/Population Served:** Adults with Severe Persistent Mental Illness.

**Location:** 5414 West Old Shakopee Rd, Bloomington

**Transportation:** On bus line

**Phone Number:** (952) 888-5611

**Hours:** 24 hours a day/7 days a week

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**Program:** The Center for Victims of Torture (CVT)

**Services:**

Services for recovery from physical and psychological trauma caused by torture are confidential, comprehensive, based on need, not ability to pay. Clients receive multidisciplinary services: psychotherapy, social services, nursing care, general medical exam, psychiatry, and physical therapy.

**Eligibility/Population Served:**

Survivors of physical or mental torture and their families. CVT is unable to service anyone who is currently chemically-dependent or a perpetrator of torture.

**Languages:** Interpreters available.

**Cost/Payment Options:** Accepts many private insurances and Medicaid. If no insurance, there is no charge for services.

**Location:** 717 East River Road, Minneapolis, MN 55455

**Phone Number:** 612-436-4800

**Hours:** 9am-5pm, Monday - Friday

**Website:** [www.cvt.org](http://www.cvt.org)

**Program:** Chrysalis

**Services:** Chemical health, mental health, childcare, community education, divorce education, legal services, resources and referral, support groups

**Eligibility/Population Served:** Women and children

**Languages:** English and Spanish

**Cost/Payment Options:** free, Medical Assistance(MA), private insurance, Rule 25 funding

**Location:** 4432 Chicago Avenue South, Minneapolis MN 55407

**Transportation:** on a bus line

**Phone Number:** (612)870-2415

**Hours:** Monday-Friday

**Website:** [www.chrysaliswomen.org](http://www.chrysaliswomen.org)

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**Program:** Comunidades Latinas Unidas Servicio (CLUES)

Chemical Health Department

**Services:** Chemical health assessment, education, and prevention classes; adult primary outpatient treatment (Rule 43 approved), aftercare, Alcoholics Anonymous (AA meetings), support groups, DUI violation mandated chemical health classes, outreach/case management for homeless persons, tobacco prevention and intervention projects, and the Latino Resource Center.

Advocacy and referrals to other services, assistance with basic needs such as food, clothing and shelter.

**Eligibility/Population Served:** Latino youth, adults and families suffering from chemical abuse and dependency.

**Languages:** Spanish, English.

**Cost/Payment Options:** Programs vary from free to sliding fee, insurance or state funded.

**Location:** 720 E. Lake St., Minneapolis

**Phone Number:** 612-871-0200

**Hours:** Hours vary by program.

**Website:** [www.clues.org](http://www.clues.org)

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**Program:** Comunidades Latinas Unidas en Servicio (CLUES)

Mental Health Services.

**Services:** Individual, couples and family therapy. All therapists are bilingual.

**Eligibility/Population Served:** All ages from children to seniors; immigrants, English and Spanish-speaking.

**Languages:** All therapists are bilingual in Spanish and English.

**Cost/Payment Options:** Sliding fee: Anyone can use this even if insured (for example, in lieu of a high deductible). Private insurances: Medica, Portico, Blue Cross Blue Shield, Preferred One, HealthPartners.

**No Medical Assistance (MA) or MA health plans accepted.**

**Location:** 720 E. Lake St., Minneapolis

Non-Hennepin residents need to use the St. Paul location:  
797 E. 7<sup>th</sup> St., St. Paul

**Phone Number:** 612-871-0200

**Hours:** 8:30am -5pm, Monday –Friday. Therapy hours vary.

**Website:** [www.clues.org](http://www.clues.org)

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**Program:** Cornerstone

**Services:** Domestic abuse shelter, support groups, housing advocacy, supportive housing, individual advocacy, life skills, criminal justice intervention, individual and family therapy.

**Eligibility/Population Served:** victims of domestic abuse

**Cost/Payment Options:** free

**Location:** 1000 East 80<sup>th</sup> Street, Bloomington MN 55420

**Transportation:** bus line, will provide transportation to emergency safe housing and court appearances.

**Phone Number:** 24 hour helpline, 952-884-0330

**Website:** [www.cornerstonemn.org](http://www.cornerstonemn.org)

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**Program:** Eden Prairie High School Chemical Health Services

**Services:** Students in Eden Prairie Schools are provided with broad based chemical health prevention, intervention and support services to address a wide range of issues. The primary goal of the program is to keep chemicals out of the school, prevent students from using and serve students and families who are adversely affected by their own or someone else's chemical use.

**Services include:**

- Mandated follow-up for all Eden Prairie students receiving chemical violations
- Pre-assessment of student's substance use and level of severity
- Collaboration with specific school staff who may have additional information
- Parent contact to discuss data and plan next steps (contracts, chemical evaluations, groups, treatment or other intervention)
- AWARE - Chemical Health education class (4 hours)
- Quarterly AWARE Parent Session
- Referral to and collaboration with community services and programs for substance abuse

- Crisis family meetings regarding student's substance use
- Prevention Education Group which provides student support, skill-building, processing of risky choices, and affirmation that adults within the school setting are caring and supportive.
- Concerned Persons Groups to provide support for those students who have parents/caregivers or other family members who are chemically dependent.

**Eligibility/Population Served:** Students in Eden Prairie Schools

**Cost/Payment options:** Free

**Location:** Eden Prairie High School

**Phone Number:** Kaylene Billington, 952-975-8075  
 kbillington@edenpr.org or Michael Stanefski, 952-975-8075  
 mstanefski@edenpr.org

**Website:** www.edenpr.org

**Program:** Drew Professional Building

**Services:** Therapy, psychiatry and medication management

**Eligibility/Population Served:** Adults

**Cost/Payment Options:** private insurance, Medical Assistance

**Location:** 6525 Drew Avenue South Edina

**Phone Number:** (952)-920-6748

**Hours:** Monday-Friday

**Program:** East African Mental Health Services

**Services:** Immigrant Health and Wellbeing project is aimed at improving the health and wellbeing of immigrant families by providing culturally appropriate physical, mental health and case management services. Types of services include:

- Group and individual counseling,
- Child and adult counseling,
- Psychiatric services for adults, adolescent and children,
- Psychological evaluation, testing and assessments,
- Parenting skills training,
- Immunization program for school and families,
- Diversion support services for Somali and Oromo community
- School consultation.

**Eligibility/Population Served:** African Immigrant Families with a focus on East African Families

**Languages:** Somali, English

**Cost/Payment Options:** Health insurance and funds are available for those without insurance.

**Location:** Services are provided at our Richfield Location (The Storefront Group, 6425 Nicollet Ave. So., Richfield, MN 55423) and within the community.

**Transportation:** Varies according service.

**Phone Number:** 612-861-1675

**Hours:** 8am-8pm,Monday-Thursday; 8am – 5pm, Friday

**Website:** [www.storefront.org](http://www.storefront.org)

## **Program:** Fairview Behavioral Health Services

**Services:** Provides chemical dependency and mental health services for adolescents, adults and seniors.

### ADOLESCENT/ADULT CHEMICAL DEPENDENCY PROGRAM

Adolescent, adult and seniors chemical dependency programs including inpatient, outpatient, relapse and day treatment. Minnesota Chemical dependency program for deaf and hard of hearing.

- Adolescent and Child Services Day treatment outpatient therapy, dual diagnosis program, and inpatient services for children and youth with mental health issues.

- Fairview Counseling Centers-Provides short-term, solution focused therapy for couples, families, group, and individuals on an outpatient basis.
- Mental Health Services for Adults and Seniors-Adult inpatient, crisis intervention, day treatment, and partial hospitalization, programs for mental health, eating disorder programs both in and outpatient and senior mental health outpatient program.
- Therapy Groups

**Eligibility/Population Served:** Anyone needing behavioral health services

**Cost/Payment Options:** Most insurance accepted including Medicare and medical assistance. There is no sliding scale fee option.

**Location:** 830 Prairie Center Drive Suite 110, Eden Prairie

**Phone Number:** 612-672-6999 or 612-672-2222 (adult/adolescent chemical dependency services)

**Website:** [www.fairview.org](http://www.fairview.org)

## **Program:** Fairview Counseling Centers

**Services:** Short-term, solution focused therapy for couples, families, group, and individuals on an outpatient basis.

**Eligibility/Population Served:** Anyone needing counseling services

**Languages:** access to interpreters

**Cost/Payment Options:** Insurance including Medicare and medical assistance. There is no sliding scale fee option.

**Location:** 830 Prairie Center Drive Suite 110, Eden Prairie

**Phone Number:** 612-672-6999 or 612-672-2222

**Hours:** 8 am – 5 pm, Monday -Friday

**Website:** [www.fairview.org](http://www.fairview.org)

**Program:** Fairview Southdale Hospital Inpatient  
Adult Mental Health

**Services:** Inpatient Acute Psychiatric / Behavioral & Chemical Health  
/ ECT (Electrical Convulsive Therapy)

**Eligibility / Pop Served:** 18 years and older

**Languages:** , Fairview will arranged interpreters for any/all languages

**Cost/ Co-payment:** Insurance accepted. If someone is uninsured, our  
business office can meet with patients to assist in filling out medical  
assistance applications.

**Location:** 6401 France Avenue South, Edina, MN 55435

**Phone Number:** Central Intake 612-672-6600

**Hours:** 24 hours 365 days a year

**Website:** [www.fairview.org](http://www.fairview.org)

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**Program:** Family & Children's Service--FCS  
South Hennepin Office

**Services:** Outpatient assessment and treatment for children,  
adolescents and adults. School Success programming for youth  
experiencing behavioral, academic and truancy issues in school.

**Eligibility/Population Served:** Serving anyone in the south metro area.

**Languages:** Therapy – English and Spanish. School Success Program:  
English, Spanish, Vietnamese, Russian and Somali

**Cost/Payment Options:** Insurance, Medical Assistance (MA) and  
sliding fee scale. No cost for School Success Program.

**Location:** 9201 E. Bloomington Freeway, Suite Q, Bloomington

**Phone Number:** (952) 884-7353

**Hours:** 8am-8pm, Monday & Wednesday; 8am-5pm, Tuesday &  
Thursday; 8am-4:30pm, Friday

**Website:** [www.everyfamilymatters.org](http://www.everyfamilymatters.org)

## **Program: Family School Coordinator/Children's Mental Health Case Management Services**

**Services:** Case Management services are designed to help children and youth who have mental health issues gain access to medical, social, educational, vocational, and other necessary services. Case management services are strengths based and they involve the family and child in creating a service plan to help the child reach or maintain his/her optimal level of functioning. Services are flexible and provided within the child/youths school setting , home and other community setting(s) as appropriate. The targeted outcomes for this program are increased child functioning, increased family functioning and increased academic achievement.

**Eligibility/Population Served:** Clients are referred by school staff and/or are screened through the Front Door at Hennepin County. Clients must have a mental health diagnoses (or must obtain one within the first four months of service) and be classified as Severely Emotionally Disturbed (SED) as depicted under the Comprehensive Children's Mental Health Act.

**Languages:** English and Spanish

**Cost/Payment Options:** Costs for Mental Health Case Management Services are paid for by Hennepin County.

**Location:** Richfield Middle School, Richfield High School, The Storefront Group, 6425 Nicollet Ave. So., Richfield, and within the community as appropriate.

**Transportation:** Often, the Family School Coordinator/Case Manager is able to help with transportation. Often, service provision occurs within the client's home and/or school.

**Phone Number:** Call the Front Door at Hennepin County (612-348-4111) to make referral or call The Storefront Group for more information 612-861-1675

**Hours:** Vary according to client needs.

**Website:** [www.storefront.org](http://www.storefront.org)

**Program: Hennepin County Services: Front Door Access**

**Services:** The Front Door Access program provides clients with an efficient connection to services. The Front Door consolidates intake for most programs and assures that the consumer is connected to the level of service that best meets their needs. Service responses range from connecting callers to community resources or other providers, providing education and consultation, or providing intake into county-operated programs.

A Front Door Screener helps callers define their service needs and offers consultation about how those needs can be met. If a caller's needs seem to require county intervention, the caller will be connected to a Front Door Service Planner. The service planner will do a more thorough evaluation of the consumer's needs, while providing short-term case management and assessing client eligibility for possible ongoing services from the county or a contracted provider.

**Location:** 300 South Sixth Street – MC 140, A-1400 Government Center  
Minneapolis

**Phone Number:** 612-348-4111 Fax: 612-317-3129

**Hours:** 8am – 4:30pm, Monday - Friday

**Website:** [www.co.hennepin.mn.us](http://www.co.hennepin.mn.us)

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**Program: Hennepin County Behavioral Health Case Management**

**Services:** Behavioral Health Case Management provides direct, community-based services through interdisciplinary teams and is a certified Adult Rehabilitative Mental Health Services (ARMHS) provider. These teams assist consumers to achieve and maintain safety and stability in the least restrictive community setting. Services include case management, basic living and social skills, community intervention and medication education.

**Phone Number:** Call Front Door Access, 612-348-4111

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## **Program: Hennepin County Forensic Case Management**

**Services:** Forensic Case Management social workers provide specialized case management services to clients who are indeterminately committed as Mentally Ill and Dangerous, Sexual Psychopathic Personality, or Sexually Dangerous Person, and who require tightly structured supervision and support in treatment and rehabilitation programs. Case managers monitor compliance with the conditions of release from inpatient treatment when forensic clients re-enter the community.

**Location:** 300 S. Sixth StreetA-1400 Government Center, Minneapolis

**Phone Number:** 612-348-6978

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## **Program: Hennepin County Mental Health Centers**

**Services:** The Hennepin County Mental Health Center offers a range of outpatient services to children, adolescents, families, and adults. Assessment and therapy services include: consultation; diagnostic assessments; psychiatric evaluations; psychological evaluations; individual, couples and family therapy; group therapy; adult day treatment; dialectical behavior therapy; medication management; dual-diagnosis programming (co-occurring mental illness and substance abuse); and outreach to homeless persons. The Center serves adults with serious mental illness and/ or substance abuse who are currently in crisis or at risk of destabilization. The Center also serves children/adolescents who are severely emotionally disturbed; have been abused or neglected; or have been court ordered for a psychological evaluation. Parents involved in child protection may be seen for evaluation and/or therapy.

**Eligibility/Population Served:** Children 5 +, adolescents, adults with serious mental illness and/or substance abuse in a crisis situation. Serves primarily low income families on Medical Assistance (MA) or who do not have health insurance.

**Cost/Payment Options:** Serves those without health insurance using sliding scale fee based on income and those on medical assistance.



**Location:** 1801 Nicollet Ave., 2<sup>nd</sup> and 3<sup>rd</sup> floor, Nicollet Exchange Bldg., Minneapolis

**Phone Number:** 612-596-9438

**Hours:** 8am-5pm, Monday, Tuesday, Thursday, & Friday; 8am-6pm

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## **Program:** Impact Program

**Services:** Therapeutic Services for Sex Offenders and Adolescent/Child Victims of Sexual Abuse

- Work with victims of sexual abuse, children and adolescents with boundary issues and juvenile offenders of sexual crimes.
- Victims group for 6-9 year olds and their parents as well as a teen boy and teen girl victim group.
- Outpatient sex offender program for adolescent boys as well as a program for adolescents with developmental disabilities and boundary issues.
- Psychosexual assessments, individual and family therapy.

**Eligibility/Population Served:** Anyone in Hennepin County. Self-referrals as well as referrals from Hennepin County, CornerHouse, Schools and others.

**Cost/Payment Options:** Hennepin County Contract, Insurance, Sliding Fee

**Location:** The Storefront Group, 6425 Nicollet Ave. So., Richfield

**Transportation:** In some cases, county will provide.

**Phone Number:** 612-861-1675

**Hours:** 8am – 8pm, Monday –Thursday; 8am – 5pm, Friday

**Website:** [www.storefront.org](http://www.storefront.org)

**Program:** Mental Health Systems

**Services:** Dialectical Behavior Therapy (DBT) and crisis intervention services.

**Eligibility/Population Served:** Adults with mental illness

**Languages:** English

**Cost/Payment Options:** medical insurance

**Location:** 7200 France Avenue South, Suite 327, Edina

**Transportation:** on a bus line

**Phone Number:** (952) 835-9889

**Hours:** Monday-Friday

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**Program:** New Connections

Regions Hospital

**Services:** Drug Tests, Chemical Health Assessment, Chemical Dependency Treatment (Adolescent Intensive Outpatient Day Program) and referrals

**Eligibility/Population Served:**

Outpatient Treatment Center serving adolescents 12 – 18

**Languages:** Interpreters can be accessed if needed

**Cost/Payment Options:** Self payment, Private health insurance, Military insurance, if no insurance they refer for rule 25 through the county

**Location:** 6446 City West Parkway, Suite B, Eden Prairie

**Phone Number:** 952-941-5151

**Hours:** 8am– 4: 30pm, Monday - Friday

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**Program:** New Outlook Early Intervention and Prevention Group-Institute for Therapy and Behavior Change

**Services:** Chemical health intervention, assessment and counseling for adolescents, couples and families. Early Intervention and Prevention Groups for adolescents and adults.

**Eligibility/Population Served:** Adults, adolescents, couples,& families

**Cost/Payment Options:** Blue Cross Blue shield provider. Most other insurance carriers will reimburse clients through mental health coverage of their group plans. Sliding fee available.

**Location:** 3919 West 44<sup>th</sup> Street, Ste. 200, Edina

**Phone Number:** 952-922-1977,x7

**Hours:** After school and evenings

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**Program:** Park Nicollet Alexander Center

**Services:** Serving the developmental and behavioral needs of children and their families. They provide diagnostic services, individual psychotherapy for children, family psychotherapy, parent guidance counseling, play therapy and some specialized group therapy. Diagnostic services offered by Alexander Center include interviews, medical evaluations, psychological and academic testing, and speech and language assessment.

**Eligibility/Population Served:** any child

**Languages:** access to interpreters

**Cost/Payment Options:** most insurance accepted, Medical Assistance

**Location:** M&I Bank Building, 11455 Viking Drive-Suite 300, Eden Prairie

**Phone Number:** 952-993-2498

**Hours:** 8 am – 5 pm, Monday -Friday

**Website:** [www.parknicollet.com/AlexanderCenter](http://www.parknicollet.com/AlexanderCenter)

**Program:** Park Nicollet Clinic in Eden Prairie

**Services:** adults and children for therapy with a psychologist and adults who need to see a psychiatrist. No psychiatric services for children at the Eden Prairie location.

**Eligibility/Population Served:** children, adolescents, and adults

**Languages:** no interpreter on staff, interpreter services available.

**Cost/Payment Options:** most insurance accepted. Will accept medical assistance, but currently not taking new MA patients for psychologists.

**Location:** 8455 Flying Cloud Drive, Eden Prairie

**Phone Number:** 952-993-3307

**Hours:** 8:30am – 5 pm, Monday -Friday

**Website:** <http://www.parknicollet.com>

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**Program:** Park Nicollet Clinic- Bloomington

**Services:** Therapy, Psychiatry and Medication Management

**Eligibility/Population Served:** Children, adolescents and adults

**Cost/Payment Options:** MA and most private insurance

**Location:** 5320 Hyland Greens Drive, Bloomington MN 55437

**Phone Number:** (952)993-2550

**Hours:** Monday-Friday

**Website:** [www.parknicollet.com](http://www.parknicollet.com)

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## **Program: Pride Institute**

**Services:** addiction and mental health treatments to lesbian, gay, bisexual and transgender communities including depression, anxiety, drug problems, alcohol problems, sexual compulsion, eating disorders, and HIV/Aids related stress and grief.

Eden Prairie location is residential services and Minneapolis location has outpatient services.

**Eligibility/Population Served:** Alcohol and drug social rehabilitation center service lesbian, gay, bisexual and transgender community; 18+

**Cost/Payment Options:** Most insurance plans, self pay, and Minnesota Rule 25 funding

**Location:** 14400 Martin Drive, Eden Prairie  
Outpatient services located at 2836 Lyndale Avenue S, Mpls 55408

**Phone Number:** 952-934-7554 or 1-800-54-PRIDE to speak with admissions counselor

**Website:** [www.pride-institute.com](http://www.pride-institute.com)

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## **Program: ReEntry House**

**Services:** Group Residential Housing providing intensive Residential treatment center for adults with Severe Persistent Mental Illness. Chemical Dependency treatment available. Maximum stay is 3 months.

**Eligibility/Population Served:** Adults with SPMI (severe and persistent mental illness)

**Cost/Payment Options:** Group Residential Housing funded

**Location:** 5812 Lyndale Avenue South, Minneapolis

**Transportation:** On bus line

**Phone Number:** (612)869-2411

**Hours:** 24 hours a day/7 days a week

**Program:** Relate Counseling Center

**Services:**

- Chemical dependency services including assessment and counseling
- Child/Adolescent assessment program – early detection of emotional, behavioral attention and learning problems. Psychological testing provided.
- Counseling and therapy services
- Mental health therapy including hypnotherapy and play therapy
- Psychiatric Support services
- Therapy Groups

**Eligibility/Population Served:** No eligibility restrictions. Primarily serve families and individuals in the west suburban area of Hennepin County

**Cost/Payment Options:** Sliding scale fees, accepts most insurance plans

**Location:** 15320 Minnetonka Blvd., Suite 200

**Phone Number:** 952-932-7277

**Hours:** 9am – 5 pm, Monday – Friday; evenings by appointment

**Website:** [www.relatemn.com](http://www.relatemn.com)

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**Program:** St. David’s Child Development and Family Services

**Services:**

**Mental Health Therapy** - Through individual, group, and family therapy, St. David’s staff help individuals and families discover tools to identify concerns, face challenges, and rebuild healthy life styles. St. David’s offers a comprehensive array of mental health services to meet the diverse needs of children, adolescents, adults and their families. Services include: individual and family therapy, mental health assessment, caregiver support groups, play therapy, in-home services and anxiety groups

**Mental Health Skills Training**-The skills training program supports and treats children between the ages of 4 and 18 with various mental health diagnoses. The program allows for Mental Health Skills Trainers to work with clients in their home or at St. David's on specific individual treatment goals that focus on the child's unique emotional and behavioral needs. An important aspect of this service is the collaboration between the provider and the parent(s)/guardian(s) on the child's treatment and goal process.

**Children's Mental Health Case Management**-Case managers provide advocacy and support to families to help coordinate the services the child is receiving. They have a flexible schedule and can meet with families in their homes, at work, in the community or at St. David's. Case managers assist a family in developing a team care plan and meet with them at least once a month.

**Family Place**-Family Place is an early childhood program for families facing multiple challenges in successfully parenting their children. The goal of Family Place is to provide support, share child development information and enhance the quality of family relationships, while also promoting the social and emotional development on young children. Parents work alongside Family Place staff to identify and address the developmental needs of their children while learning more effective parenting approaches.

**Autism Day Treatment**-Classroom environment specifically designed for young children (18 months to 5 years) who have a medical diagnosis of Autism Spectrum Disorder. Program focuses on parental involvement and offers a variety of family support services.

**Eligibility/Population Served:** Emphasis on serving children and families with special needs including developmental delays/disabilities, autism/Asperger's disorder, mood disorders, emotional/behavioral disturbances, physical/medical challenges, depression/anxiety

**Cost/Payment Options:** Private Insurance, MA

**Location:** 3395 Plymouth Road, Minnetonka, MN

**Phone Number:** 952-939-0639

**Hours:** 9 am – 5 pm, Monday & Wednesday; 9 am – 7 pm, Tuesday & Thursday

**Website:** <http://www.stdavids.net>

**Program:** Starfish Services: Counseling and Life Coaching for Young People

**Services:** Individual counseling and life coaching, growth groups, workshops on various topics.

**Eligibility/Population Served:** Focus on adolescents, but serves all ages

**Cost/Payment Options:** accepts medical assistance, blue cross blue shield and sliding scale fee may be available

**Location:** 15798 Venture Lane, Suite 104, Eden Prairie

**Phone Number:** 952-746-3888

**Hours:** Flexible scheduling including evening and Saturday hours

**Website:** [www.starfishservices.com](http://www.starfishservices.com)

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**Program:** The Storefront Group  
General Outpatient Therapy Services

**Services:** Mental Health Therapy Services for Adults, Adolescents, Children, Couples & Families. Multifaceted team of therapist(s) provide therapy for issues such as depression, anxiety, past trauma, parenting concerns, relationship concerns, divorce, school concerns and much more.

**Eligibility/Population Served:** Anyone

**Cost/Payment Options:** Insurance, sliding fee scale.

**Location:** 6425 Nicollet Ave. So., Richfield

**Phone Number:** 612-861-1675

**Hours:** 8am– 8pm, Monday-Thursday; 8am– 5pm, Friday

**Website:** [www.storefront.org](http://www.storefront.org)

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## **Program: Teens Alone**

### **Services:**

Free confidential counseling for youth and their parents/families. Utilizing a strengths-based solution-focused model, Teens Alone addresses a variety of adolescent, family and parenting concerns. Family conflict, chemical health, mental health, struggles with school and runaway/ homeless youth prevention and intervention are among the range of concerns addressed by Teens Alone staff.

### **Eligibility/Population Served:**

Services are available to middle, junior and high school youth and their parents/families. Clients must be reside and/or attend school in Eden Prairie, Hopkins, Orono, St. Louis Park, and Wayzata school districts. Teens Alone also provides services to youth (and their families) who attend the Mainstreet School of the Performing Arts.

**Languages:** Spanish speaking counselors available.

**Cost/Payment Options:** Free

**Location:** 915 Mainstreet , Hopkins

**Phone Number:** 952-988-TEEN for counseling; 612-377-8800 (24 hour crisis line through the Bridge)

**Website:** [www.teensalone.org](http://www.teensalone.org)

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## **Program: TreeHouse Parent Services and TreeHouse Youth Services**

### **Services:**

TreeHouse (an outreach of Family Hope Services, Inc.) is a Christian-based nonprofit organization whose purpose is to bring hope to hurting youth and their families leading to life transformation. TreeHouse provides a safe place for at-risk youth and their families to struggle and grow. Our approach combines long-term caring relationships with a year-round balanced program. TreeHouse serves over 1000 teens annually who are experiencing difficulties at home, in school, or in their communities. TreeHouse also has a program specifically for parents that provides support, education, family mediations, and retreats.

Parent Services: education group providing support through listening and offering healthy suggestions, weekly meeting addressing parent-identified needs, recreational activities, non-therapeutic counseling

Youth Services – group providing support through listening and offering healthy suggestions, weekly meeting addressing youth-identified needs, recreational activities, retreats, summer trips, one-to-ones

**Eligibility/Population Served:**

Adolescents and their families in the following school districts:

- |                                |                          |
|--------------------------------|--------------------------|
| District 11 Anoka-Hennepin     | District 112 Chaska      |
| District 270 Hopkins           | District 271 Bloomington |
| District 272 Eden Prairie      | District 273 Edina       |
| District 279 Osseo             | District 276 Minnetonka  |
| District 278 Orono             | District 280 Richfield   |
| District 281 Robbinsdale       | District 284 Wayzata     |
| District 287 Special Education |                          |

**Cost/Payment Options:** Free

**Location:** 5 locations:

Minnetonka: 17800 Hutchins Drive 952-470-1945

Chaska: 3740 Chestnut, Hwy 31 952-368-2813

Bloomington: 9030 Bloomington Freeway 952-253-0812

Brooklyn Park: 7520 Brunswick Avenue N 763-560-2334

New Hope: 4203 Boone Avenue N 763-533-9667

**Phone Number:** 763-557-8670; call above locations for intake

**Hours:** 8:30 am – 5 pm, Monday -Friday

**Website:** [www.familyhopeservices.org](http://www.familyhopeservices.org)

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**Program:** Truancy, Property Offenders and Anger Management for Adolescents

**Services:** Offers early intervention/diversion services for youth who have committed a first time offense in Hennepin County. Offenses include truancy, assault charges and property offenses including shoplifting, theft, vandalism, and fire setting. The program provides assessment, monitoring, mentoring, and group/family/individual counseling services. Interventions include truancy case management services, the property offender program, and counseling services. The goal of all services is to help the youth increase positive decision making and prevent repeat offense and future involvement with the juvenile court system.

**Eligibility/Population Served:** Youth in Hennepin County who are self-referred or who are referred by the county, the police or school personnel

**Cost/Payment Options:** Cost varies dependent on which program/service youth and families are utilizing. The Property Offender Program costs \$100 for an intake session and three two-hour group sessions.

**Location:** The Storefront Group, 6425 Nicollet Ave. So., Richfield

**Phone Number:** 612-861-1675

**Hours:** 8am – 8pm, Monday –Thursday; 8am – 5pm, Friday

**Website:** [www.storefront.org](http://www.storefront.org)

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## **Program:** Washburn Center for Children

### **Services:**

- Outpatient assessment and treatment
- In-home family services and parent groups for families at-risk for abuse and neglect through the Family Focused and Chemical Health Programs
- Intensive Day Treatment and Home Front home-based services for children with serious emotional and behavioral difficulties
- Outreach consultation and training services for child care and preschool programs

**Eligibility/Population Served:** Children birth through 17

**Languages:** Spanish speakers available

**Cost/Payment Options:** Insurance and medical assistance will cover many of the services. Reduced fees based on income are available for clients not covered by a health plan. Services are also funded in part through a contract with Hennepin County.

**Location:** 2430 Nicollet Avenue South, Minneapolis  
810 1<sup>st</sup> Street South, Suite 210, Hopkins

**Phone Number:** (612) 871-1454

**Website:** [www.washburn.org](http://www.washburn.org)

## **Program: West Suburban Teen Clinic**

### **Services:**

- Mental health education, assessment, intervention.
- Any outpatient medical care emphasizing pregnancy, prevention, pregnancy testing, counseling, birth control, sexually transmitted infection testing and treatment.
- HIV / AIDS risk-reduction education, counseling and testing
- Sexuality and health education.
- Youth development and case management for those at high risk for pregnancy and sexually transmitted diseases
- Peer counseling
- Longer-term counseling provided by licensed therapists including individual, couples and family counseling, chemical dependency services, and coaching to help individuals uncover their vocational talents and strengths

### **Eligibility/Population Served:**

Teenagers ages 12 – 23 for medical clinic

Counseling specializing in teens and their families; education outreach for both genders, all ages and for individuals and groups. Serves Carver, Hennepin and Scott Counties.

### **Cost/Payment Options:**

Fees are low and based on ability to pay. No one is denied service due to inability to pay. No insurance plans accepted.

**Location:** 478 2nd St., Excelsior, MN

**Phone Number:** 952-474-3251

**Hours:** Medical Clinic Hours: 2-8pm, Tuesday, Wednesday; 12-5pm, Monday, Thursday. Education and Counseling Hours are flexible.

**Website:** [www.westsuburbanteenclinic.org](http://www.westsuburbanteenclinic.org)

# CRISIS INTERVENTION

**Program:** Community Outreach for Psychiatric Emergencies (COPE) Mobile Crisis Team

**Services:** COPE provides on-site crisis intervention services to individuals with serious and persistent mental illness residing in Hennepin County. Mental Health Professionals provide mobile crisis counseling, consultation, assessment, emergency medicine, referral for hospitalization or further evaluation, and consultation with concerned others where appropriate. In addition, COPE works closely with Community Support Programs (CSPs). COPE's goal is to manage crises within the person's place of residence and decrease the need to refer clients out of their homes for emergency care.

**Phone Number:** 612-596-1223

**Hours:** 24 Hours, 7 Days / Week

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**Program:** Crisis Connection

**Services:** This program provides free and confidential general crisis-telephone counseling to the greater Twin Cities metro area. Volunteers, trained and supervised by professional staff, provide early intervention and brief counseling to callers whose issues include depression and anxiety, domestic violence, parent/child conflicts, grief and loss, and chronic mental illness.

**Phone Number:** 612-379-6388/612-379-6363; Fax: 612-379-6391

**Hours:** 24 Hours, 7 Days / Week

**Website:** [www.crisis.org](http://www.crisis.org)

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## **Program: Hennepin County Adult Protection/ Adult Field Units**

**Services:** Field workers in Adult Protection Services investigate reports of alleged abuse, neglect, and financial exploitation of vulnerable adults who are unable to protect themselves due to a physical or mental disability or dependence on institutional services.

**Eligibility/Population Served:** Vulnerable Hennepin County adults

**Languages:** Interpreter available upon request

**Location:** Most of the work done with this agency is done over the phone. The office is located on the 14<sup>th</sup> floor of the Government Center in Minneapolis.

**Transportation:** Information available upon request

**Phone Number:** 612-348-8526

**Hours:** 24 hours/day

**Website:** Go to [www.hennepin.mn.us](http://www.hennepin.mn.us) and follow the links for Health, Housing, and Human Services

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## **Program: Hennepin County Child Protection**

**Services:** Hennepin County Child Protection Services investigates reports of children who have been physically abused, neglected, or sexually abused. If needed, they provide services and work with the family to plan for the continued safety of the child.

**Eligibility/Population Served:** Vulnerable children/Hennepin County residents

**Languages:** Interpreter available upon request

**Location:** This work is done primarily over the phone. Office is located at the Health Services Building in Minneapolis.

**Phone Number:** 612-348-3552 option #1

**Hours:** 24 hours/day

**Website:** [www.hennepin.mn.us](http://www.hennepin.mn.us) to links Health, Housing, & Human Services

**Program:** Hennepin County Medical Center (HCMC)  
Acute Psychiatric Services (APS)

**Services:** This emergency service provides evaluation and short-term treatment for persons in crisis. The center works closely with other professionals, agencies, and community resources. Services include: crisis intervention phone service responding to requests for help; suicide prevention phone service providing immediate help and referral for persons threatening suicide; and walk-in crisis services on a 24 hour, seven-day-a-week basis.

**Location:** Hennepin County Medical Center, 701 Park Avenue South

**Phone Number:** 612-873-3161 Fax: 612-904-4232

**Hours:** 8am – 2 am, 7 days/week

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**Program:** Metro Children’s Mental Health  
Mobile Crisis Response

**Services:**

Crisis response team visit to the home (or other community setting) for behavioral and mental health concerns and short term intervention. Children with chemical health issues are referred to other resources. Crisis response within 30 minutes of the phone call. Child/family can receive up to 3 additional visits for stabilization, treatment plan development and resource development.

**Eligibility/Population Served:** Any Hennepin County child up to age 18. Children are eligible up to age 21 if continuing in secondary education past age 18. At age 21, would be referred to crisis response services for adults (COPE)

**Languages:** English, Spanish, some Somali.

**Cost/Payment Options:** Free

**Location:** Team visits for crisis and/or stabilization occur in private homes, schools, other community settings.

**Phone Number:** 612-348-2233

**Hours:** 24 Hours, 7 Days / Week

**Program:** People Incorporated, Nancy Page Crisis Stabilization Program

**Services:** Nancy Page provides Residential Treatment Crisis Stabilization (short-term residential) services. The provider assists individuals with serious and persistent mental illness to develop strategies and basic living skills that will maximize their capacity for more independent functioning. Length of stay is seven days without prior authorization.

**Address:** 245 Clinton Avenue South, Minneapolis

**Phone Number:** 612-870-3787; Fax: 612-870-3789

**Hours:** 24 Hours, 7 Days / Week

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# ADVOCACY

## **Program:** Mental Health Association of Minnesota

**Services:** The Mental Health Association of Minnesota responds to the needs of individuals with mental illnesses, and their family members. They offer services in advocacy and education:

- individual advocacy case services
- community support referrals
- educational materials
- workshops and community presentations
- Best Mental Health Practices in the Workplace
- suicide prevention training
- consumer and family support groups
- public policy advocacy

**Eligibility/Population Served:** Individuals diagnosed with a mental illness, and their families.

**Languages:** English & Spanish

**Cost/Payment Options:** Free

**Location:** 2021 E. Hennepin Avenue, Suite 412, Minneapolis

**Transportation:** On bus line, free parking

**Phone Number:** 612-331-6840

**Hours:** 9am-4:30pm, Monday -Friday

**Website:** [www.mentalhealthmn.org](http://www.mentalhealthmn.org)

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## **Program:** Mental Health Consumer/Survivor Network of Minnesota

**Services:** The Mental Health Consumer/Survivor Network of Minnesota is dedicated to self-help, education, advocacy, and the fight against discrimination and stigma for those diagnosed with a mental illness. They provide ongoing support, information, and resources to consumers, families and providers.

**Eligibility/Population Served:** People diagnosed with a mental illness and their families.

**Cost/Payment Options:** Free

**Location:** 1821 University Avenue West, Suite S-160, St. Paul

**Phone Number:** 651-637-2800

**Website:** [www.mhcsn.net](http://www.mhcsn.net)

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## **Program:** Minnesota Association for Children's Mental Health--Mental Health Advocacy

**Services:** Mental Health Advocates help families learn more about early and effective interventions for children's mental health disorders by offering support, information, referrals, and assistance; by building bridges between parents and professionals; and by training parents to advocate for their children.

Advocates will:

- Speak on behalf of children with mental health disorders.
- Explain the rights and responsibilities families have in the multiple systems that serve children with mental health disorders.
- Help families understand their child's diagnosis and explore options for suitable services.
- Connect parents with support groups in their areas
- Guide families toward increasing their competency and confidence so they can act as their child's advocate.
- Assist parents who are providing support and information to other parents.
- Provide telephone coaching, file reviews, family workshops, and accompany families to meetings when possible.

**Eligibility/Population Served:** Any family who is in need of support because of having a child with a mental health diagnosis. Serves Metro area and out-state.

**Cost/Payment Options:** Free.

**Location:** Minnesota Association for Children's Mental Health (MACMH), 165 Western Ave. North, St. Paul

**Phone Number:** 1-800-528-4511 / 651-644-7333

**Website:** [www.macmh.org](http://www.macmh.org)

## **Program:** Minnesota Office of Ombudsman for Mental Health

**Services:** This program assists consumers of mental health services by answering questions about the rights of consumers, taking grievances and complaints about services, and assisting in accessing appropriate services. They also take reports of deaths or serious injuries of consumers of mental health services, as well as answer questions on the civil commitment and treatment act.

**Eligibility/Population Served:** Consumers and providers of mental health services.

**Cost/Payment Options:** Free

**Location:** 121 7th Place E. Ste 420, St. Paul, MN 55101-2117

**Phone Number:** 651-296-3848

**Hours:** 8am-4:30pm, Monday -Friday

**Website:** [www.ombudmhm.state.mn.us](http://www.ombudmhm.state.mn.us)

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## **Program:** NAMI-Alliance for the Mentally Ill in Minnesota

**Services:** NAMI-Minnesota is a non-profit organization dedicated to improving the lives of persons with mental illness (brain disorders) and their families. NAMI-MN offers programs of education, support and advocacy, and supports research efforts. NAMI-MN vigorously promotes the development of community mental health programs and services, improved access to services, increased opportunities for recovery, reduced stigma and discrimination, and increased public understanding of mental illness.

**Eligibility/Population Served:** People diagnosed with mental illnesses, and their families. All ages

**Languages:** English, some literature in Spanish

**Cost/Payment Options:** Free

**Location:** 800 Transfer Road, Suite 7A, St. Paul, MN 55114

**Phone Number:** 651-645-2948

**Hours:** 9:30am-4pm, Monday- Friday; group and class hours vary

**Website:** [www.namimn.org](http://www.namimn.org)

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**Program:** PACER Center

**Services:** The **Health Information and Advocacy Center** provides a central source for families of children and young adults with disabilities to obtain support, advocacy, and information about the health care system and other services that are mandated by law.

- Understanding health insurance – including private insurance and medical assistance
- Filing an appeal with insurance
- Social Security Disability
- Understanding legal rights in the health care system
- Working effectively with doctors and other health professionals
- Developing health care summaries and plans for emergencies at home and school

**Eligibility/Population Served:** Families of children and young adults with disabilities and special health needs can obtain support.

**Languages:** English, Hmong, Spanish, Somali

**Cost/Payment Options:** Free

**Location:** 8161 Normandale Blvd., Minneapolis, 55437

**Phone Number:** 952-838-9000

**Hours:** 8am-5pm, Monday -Friday

**Website:** [www.PACER.org](http://www.PACER.org)

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**Program:** SAVE/Suicide Awareness Voices of Education

**Services:** Prevention line, crisis intervention, grief & support, advocacy

**Eligibility/Population Served:** at risk children & adults

**Cost/Payment Options:** toll free telephone line

**Location:** 9001 East Bloomington Frwy., Suite 150, Bloomington

**Phone Number:** 1-800-273-8255

**Hours:** 24-hour hotline

**Website:** [www.save.org](http://www.save.org)

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