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Educational & Video Resources

Children of Incarcerated Caregivers (CICMN) – Provides direct services, legal advocacy, and policy reform efforts. <https://cicmn.org>

Coping With Incarceration – Sesame Street Workshop. A video sharing personal stories that include an overview of strategies adults can use to help kids understand incarceration and the changes it brings. <https://sesameworkshop.org/resources/coping-with-incarceration/>

In My Family – Sesame Street Workshop. A digital storybook for children about a young girl's experience at school and how she discovers a sense of belonging and acceptance. https://interactive.sesameworkshop.org/SSICStory010_InMyFamily/

Minnesota Council on Family Relations – Offers educational materials, including Sesame Street's *Little Children, Big Challenges: Incarceration* toolkit. <https://www.mcfr.net/resources>

Resilience Beyond Incarceration Program – Helpful books for childcare providers and their classrooms. <https://lrcvt.org/wp-content/uploads/2024/07/RBI-booklist.pdf>

Helping Kids Stay Connected – Sesame Street Workshop. A video sharing children's personal stories. <https://sesameworkshop.org/resources/helping-kids-stay-connected/>

Supporting Children of Incarcerated Parents – Minnesota Department of Health. <https://www.health.state.mn.us/communities/mentalhealth/jail.html>

Toolkit for Healing-Centered Practice – Minnesota Association for Children's Mental Health. A kit of resources for childcare providers, including guides and implementation strategies. <https://macmh.org/infant-and-early-childhood/resources-for-healing-centered-practice/>

University of Minnesota Extension – Families Experiencing Incarceration – Provides parenting classes in correctional facilities. <https://extension.umn.edu/family/families-experiencing-incarceration>

YouTube Resources

Ausmer, N. (2019). *Healing From Parental Incarceration* [TEDxCincinnatiWomen]. YouTube. <https://www.youtube.com/watch?v=B3yIH5I9s3s>

Cabrera-Zamora, E. (2022). *The Effects of Parental Incarceration on Families* [TEDxAustinCollege]. YouTube. <https://www.youtube.com/watch?v=Fq89ktLsKPs>

Harris, N. (2023). *Understanding Aces with Dr. Nadine Burke Harris* [Office of the California Surgeon General]. YouTube. <https://www.youtube.com/watch?v=Hh1idR1XkC4>

Impacts of Incarceration (2023). *Who Does Incarceration Impact?* YouTube. <https://www.youtube.com/watch?v=nxPMKofucAo>

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Paccione, M. PhD (2002). *Children of Incarcerated Parents* [Mindcast: Healthy Mind, Healthy Child Podcast] <https://www.youtube.com/watch?v=D1j8VByJ3p4>