



# CENTER FOR INCLUSIVE CHILD CARE

## DIAPERING PROCEDURE

Please Post

<i>Preparation</i>	<b>Wash hands</b> .....	Thoroughly with soap and warm running water for 15-20 seconds using posted procedure. Dry hands with paper towel.
	<b>Assemble supplies (within reach)</b> .....	<ul style="list-style-type: none"> <li>✓ Clean disposable diaper.</li> <li>✓ Disposable wipes or paper towels.</li> <li>✓ Clean paper (roll paper or nonabsorbent paper sheets).</li> <li>✓ Gloves, when used.</li> <li>✓ Possibly: ointment, cotton swabs, clean clothes. Put ointment on a paper surface to avoid handling or contaminating the tube or container.</li> </ul>
	<b>Cover diapering surface</b> .....	The paper needs to be the length of the child; have clean paper within reach.
	<b>Put gloves on</b> .....	See gloving recommendations per program policies.
<i>Dirty Phase</i>	<b>Place child on diapering surface</b> .....	<ol style="list-style-type: none"> <li>1. Keep one hand on child the entire time.</li> <li>2. Keep others away from diapering area.</li> <li>3. Remove child's clothing, put soiled clothing aside.</li> </ol>
	<b>Remove soiled diaper</b> .....	Roll diaper inward. Place diaper directly into a covered waste container or out of child's kick space/reach.
	<b>Cleanse diaper area of child</b> .....	<ol style="list-style-type: none"> <li>1. Cleanse from front to back (once per wipe) including skin creases. Use the child's own disposable wipes or the three paper towel method (soap, rinse, dry).</li> <li>2. Place wipes in waste container or out of child's kick space/reach.</li> </ol>
	<b>Remove gloves</b> .....	Place gloves in waste container or out of child's kick space/reach.
<i>Clean Phase</i>	<b>Put clean paper under child</b> .....	If soiled.
	<b>Ointment, as directed</b> .....	Use <b>clean glove</b> , swabs, or tongue blades to apply, remove glove.
	<b>Diaper and dress child</b> .....	
	<b>Wash child's and provider's hands</b> .....	Thoroughly with soap and warm running water for 15-20 seconds using posted procedure.
	<b>Return child to activity</b> .....	Staff returns to diapering area.
<i>Clean Up</i>	<b>Dispose of soiled items</b> .....	<ol style="list-style-type: none"> <li>1. Put soiled clothing, <b>without rinsing</b>, in a plastic bag for parent/guardian to take home.</li> <li>2. Put diaper, wipes, paper towels, changing paper, cotton swabs, and gloves into the plastic-lined waste container (foot operated is recommended.)</li> </ol>
	<b>Clean and disinfect</b> .....	Diapering surface, waste container lid, faucet handles, and all surfaces touched.
	<b>Wash hands</b> .....	Thoroughly with soap and warm running water for 15-20 seconds using posted procedure.
<i>Communicate</i>	<b>Record</b> .....	Diaper change.
	<b>Report</b> .....	Concerns to parents (unusual color, odor, frequency, or consistency of stool; rash).

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Prepared by Hennepin County Human Services and Public Health Department (HSPHD)

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