

REFERENCES AND RESOURCES

- Hewitt, D. (2012). *So this is normal too?* St. Paul, MN: Redleaf Press.

- Kurcinka, M. S. (2015). *Raising your spirited child: a guide for parents whose child is more intense, sensitive, perceptive, persistent, and energetic.* New York, NY: William Morrow, an imprint of Harper Collins Publishers.

- No Isolation. (2019, April 29). How does social isolation affect a child's mental health and development? Retrieved November 21, 2019, from <https://www.noisolation.com/global/research/how-does-social-isolation-affect-a-childs-mental-health-and-development/>.