

How CICC Inclusion Coaching Differs from Mental Health Consultation

CICC Inclusion Coaching

- Provided by RBPB Specialists
- IEC-MH endorsed managers
- Endorsed through Achieve, MN Center for Professional Development

Access point

- Provider must be a participant in Parent Aware.
- Referrals are made to CICC intake from anyone working with the child, family or child care program, including Quality Coach, provider, parent, early interventionist, medical professionals, or MH professionals.

Goals

- Prevention of expulsion and suspension
- Successful inclusion and retention of children with unique needs
- Increase provider competence in recognizing developmental concerns and referral to early intervention
- Increase provider's skills in guiding challenging behavior through environmental and programmatic adaptations
- Increase play success for children

Supports

- On-site coaching: 30 hours with staff and director or child care provider
 - **Child-focused coaching**—The coach works with the provider, child, and family to determine the reasons behind behavior using a trauma-informed approach, and creates a plan to help the child be successful. The coach helps identify developmental concerns, make referrals, and share developmental concerns with family when needed.
 - **Program-focused coaching**—The coach focuses on overall environment, routine, transitions, guidance strategies, and sensory experiences that support the whole site serving all children.
- Development of a Continuous Quality Improvement Plan (CQIP)
 - Goal setting based on KCF for long-term, quality change.
- Follow-up coaching
 - Follow-up coaching within one month upon completion of 30 hours
 - Ongoing coaching after follow-up coaching if a persistent need is present

Mental Health Consultation

- Provided by licensed mental health professionals with expertise in early childhood mental health
- Endorsed through Achieve, MN Center for Professional Development
- By 2020 all will be Endorsed as Level III- Infant Mental Health Endorsement

Access point

- Provider must be a participant in Parent Aware.
- Referrals are made by Child Care Aware Quality Coaches or the Child Care Aware accelerated pathway coach.

Goals

- Improve childcare provider morale and retention in the field
- Prevent suspension and expulsion of young children
- Prevent mental health conditions in young children
- Increase childcare provider competence in addressing childhood trauma, childhood behavioral challenges, adversity, and family stressors

Supports

- On-site visits and meeting with MHC weekly/bi-weekly, per provider needs- up to 100 hours over the course of a year
 - **Program-focused consultation**—Center directors and family child care providers are supported by the consultant to make changes in their childcare practices and/or policies to the benefit of all of the children and adults in their setting.
 - **Classroom-focused consultation**—The consultant also works with teachers to improve care offered to all children in their classroom or family home care by helping to identify attitudes, beliefs, practices, and conditions that may be undermining quality relationships between teachers and children.
 - **Child-focused consultation**—When a specific child's behavior is of concern to parents or teachers, the consultant helps the adults understand and address the child's needs by developing an individualized plan.

For more information on CICC Inclusion Coaching, please email info@inclusivechildcare.org or visit our website at www.inclusivechildcare.org/coaching.