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Additional Resources

Child Care Providers Resource Network | Attachment: Nurturing the Connection
<https://ccprn.com/attachment-nurturing-the-connection>

Circle of Security | Animation (video)
<https://www.youtube.com/watch?v=1wpz8m0BFM8>

Circle of Security | Connection (video)

<https://www.youtube.com/watch?v=F6DhnbgRAOo>

Circle of Security | What is the Circle of Security

<https://www.circleofsecurityinternational.com/circle-of-security-model/what-is-the-circle-of-security>

Harvard Center on the Developing Child | 5 Steps for Brain-Building Serve and Return (handout)

https://46y5eh11fhgw3ve3ytpwxt9r-wpengine.netdna-ssl.com/wp-content/uploads/2017/06/HCDC_ServeReturn_for_Parents_Caregivers_2019.pdf

Harvard Center on the Developing Child | Play in Early Childhood: The Role of Play in Any Setting (video)

<https://www.youtube.com/watch?v=pjoyBZYk2zl>

Harvard Center on the Developing Child | Serve and Return

<https://developingchild.harvard.edu/science/key-concepts/serve-and-return>

Harvard Center on the Developing Child | Serve & Return Interaction Shapes Brain Circuitry (video)

https://www.youtube.com/watch?v=m_5u8-QSh6A

Harvard Center on the Developing Child | Young Children Develop in an Environment of Relationships

<https://46y5eh11fhgw3ve3ytpwxt9r-wpengine.netdna-ssl.com/wp-content/uploads/2004/04/Young-Children-Develop-in-an-Environment-of-Relationships.pdf>

Help Me Grow MN

<https://helpmegrowmn.org/HMG/index.htm>

KidCare Canada | Presence (video)

<https://www.youtube.com/watch?v=iq6giUmRxgM>

MN Association for Children's Mental Health Infant and Early Childhood Division

<https://macmh.org/programs/iec>

Society for Research in Child Development | John Bowlby and Attachment Theory (video)

https://www.youtube.com/watch?v=Exf_rR1NnNs

UNICEF | Play Tips to Boost Your Child's Brain (video)

<https://www.youtube.com/watch?v=fpiYNkkNmEo>

Video Series

Dr. Dan Siegel | Attachment Styles

- Secure/Optimal Attachment <https://www.youtube.com/watch?v=XjXv6zseAQ>
- Insecure-Anxious/Ambivalent Attachment <https://www.youtube.com/watch?v=nGhZtUrpCuc>
- Insecure/Avoidant Attachment <https://www.youtube.com/watch?v=qgYJ82kQlyg>
- Disorganized Attachment https://www.youtube.com/watch?v=iGDqJYEi_Ks

Richard Bowlby | Secure Attachment & The Key Person in Daycare

- Part 1 of 4 <https://www.youtube.com/watch?v=WPcNoGI1Lkw>
- Part 2 of 4 <https://www.youtube.com/watch?v=GhrMvzd5ZiU>
- Part 3 of 4 <https://www.youtube.com/watch?v=gP1RIygrDVo>
- Part 4 of 4 <https://www.youtube.com/watch?v=OPsKIBwvi3g>

