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- National Institute of Mental Health  
[www.nimh.nih.gov](http://www.nimh.nih.gov) | [nimhinfo@nih.gov](mailto:nimhinfo@nih.gov) | 1-866-615-6464
  
- Anxiety Disorders Association of America  
[www.adaa.org](http://www.adaa.org) | 240-485-1001
  
- Prevent Child Abuse America  
[www.preventchildabuse.org](http://www.preventchildabuse.org) | [info@preventchildabuse.org](mailto:info@preventchildabuse.org) | 1-800-Children (1-800-244-5373)
  
- The ChildTrauma Academy  
[www.childtrauma.org](http://www.childtrauma.org) | 1-866-943-9779