

Additional Resources to Support Your Work With Young Children

CICC Website:

- Center for Inclusive Child Care – Videos, Podcasts, Tip Sheets, Self-Studies and More
 - <https://www.inclusivechildcare.org/>
- 80x3 Tab on CICC Website – Videos, Podcasts, and Self-Studies
 - <https://www.inclusivechildcare.org/80x3-resilient-start>

CICC Self-Studies:

- To View All CICC Self-Studies: <https://www.inclusivechildcare.org/self-studies>
- [Self-Care Strategies for Child Care Providers Working in Stressful Environments](#)

CICC Tip Sheets:

- [Self-Care Strategies for Child Care Providers: Part 1](#)
- [Self-Care Strategies for Child Care Providers: Part 2.](#)
- [Encouraging the Development of Self-Regulation Skills](#)
- [Children Experiencing Stress](#)
- [Relaxation Techniques for Child Care Providers](#)
- [Temperament](#)
- [Strategies to Support Children who have Experienced Trauma](#)
- [Trauma and Challenging Behavior](#)
- [Trauma: How Children Respond](#)

Other Resources:

- MACMH Toolkit for Healing-Centered Practice
 - <https://macmh.org/infant-and-early-childhood/resources-for-healing-centered-practice/>
- 80x3 Resilient From the Start - Greater Twin Cities United Way (GTCUW)
 - <https://www.gtcuw.org/our-impact/innovation/80x3/>